

MAN MATTERS and Graymoor Spiritual Life Center presents:

“The Relational Flow---Giving and Receiving”

The Annual MAN MATTERS retreat for men  
May 19<sup>th</sup> to May 21<sup>st</sup>, 2017

The trees breathe in carbon dioxide and exhale oxygen.....we breathe in oxygen and exhale carbon dioxide. We are keeping them alive and they are keeping us alive. This is no accident or coincidence. It is part of the great plan....the great circle of life. Everything is relational. Everything belongs.....

Join us for a weekend of prayer and meditation, ritual, teaching, fellowship and quiet time for reflection----AND THE FOOD'S NOT BAD EITHER!!!

LOCATION: Graymoor Spiritual Life Center, 1320 Route 9, Garrison, NY 10524. (845) 424-3671 ext. 2111. Registration and pizza at 5:00pm to 7:00pm on Friday, May 19<sup>th</sup>.

COST: \$175 double occupancy  
\$250 single occupancy

PRESENTERS: Michael Boccia, Brian Walsh, Bro. Tim Aller and the Man Matters team

FOR MORE INFORMATION CALL GRAYMOOR OR GO TO  
[gslc@atonementfriars.org](mailto:gslc@atonementfriars.org)

REGISTER ON-LINE at [www.GraymoorCenter.org](http://www.GraymoorCenter.org)

**MAN MATTERS---**  
**“The Relational Flow---Giving and Receiving”**  
**GRAYMOOR SPIRITUAL LIFE CENTER**  
**GRAYMOOR, GARRISON, NY**

FRIDAY, May 19<sup>th</sup>, 2017

5:00 to 7:00 pm		5 <sup>th</sup> floor—Spiritual Life Ctr. Office
6:30PM	Pizza!!	Lounge 4 <sup>th</sup> Floor
7:30PM	Welcome – Orientation	Seminar Room 3 <sup>rd</sup> Floor
7: 45PM	<b>Opening Conference</b> ----“The Relational Flow”	Seminar Room 3 <sup>rd</sup> Floor

SATURDAY, May 20<sup>th</sup>, 2017

5:30AM	Sunrise	
6:30AM	Early bird Coffee	Lounge 4 <sup>th</sup> Floor
7:30AM	Breakfast	Dining Room 5 <sup>th</sup> Floor
9:15AM	Morning Prayer	Seminar Room 3 <sup>rd</sup> Floor
9:30AM	<b>Conference</b> ----“Me Against The World”	Seminar Room 3 <sup>rd</sup> Floor
10:15AM	Reflection----Small Group----Ritual	Seminar Room 3 <sup>rd</sup> Floor
11:15AM	Free Time	
12:00PM	Lunch	Dining Room 5 <sup>th</sup> Floor
1:15PM	Free Time	
3:00PM	<b>Conference</b> ----“Alone”---“Winning?”	Seminar Room 3 <sup>rd</sup> Floor
3:45PM	Reflection----Small Group----Ritual	Seminar Room 3 <sup>rd</sup> Floor
4:45PM	<b>Solitude</b>	
5:00PM	Supper	Dining Room 5 <sup>th</sup> Floor
7:15PM	<b>Conference</b> ----“Partnership With The Universe”	Seminar Room 3 <sup>rd</sup> Floor
8:00PM	Reflection----Small Group----Ritual	Seminar Room 3 <sup>rd</sup> Floor
9:00PM	Social	Seminar Room 3 <sup>rd</sup> Floor

SUNDAY, May 21<sup>st</sup>, 2017

5:29AM	Sunrise	
6:30AM	Early bird Coffee	Lounge 4 <sup>th</sup> Floor
7:30AM	Breakfast	Dining Room 5 <sup>th</sup> Floor
8:30 AM	Mass at St. Christopher’s Inn	St. Christopher’s Inn Chapel
9:45AM	<b>Conference</b> ----“We Are The World”	Seminar Room 3 <sup>rd</sup> Floor
10:15AM	Closure	Seminar Room 3 <sup>rd</sup> Floor
12:00 noon	Dinner	Dining Room 5 <sup>th</sup> Floor

**Silence** on the bedroom floors and in the Chapels is most important.

By state law, there is **no smoking** within this building.

Please be on time for meals and do not take food or utensils from the Dining Room.

The Book and Gift center is open 9AM – 4PM Saturday and Sunday.

Please keep your door locked and your key in your possession at all times.