

## 2015 Board of Directors



Fr. Bill Drobach, SA  
Donald Ehman  
Michael Elms  
Mark Goldberg

Dr. Patricia Lennon

Valerie Mastronardi  
Alan Meckler  
Guy Novo  
Robert Okulski  
Fr. Charles Sharon, SA

Mary Siri  
Elaine Taylor

John J. Torpey  
Kevin Verronneau  
Marianne Taylor-Rhoades

*President & CEO, St. Christopher's Inn*  
*Retired Senior Project Manager, IBM*  
*Retired CFO, Rolex USA*  
*Vice President, Director of Finance, Rolex USA, Board Chair*  
*Owner & Educational Director, Absorbent Mind Montessori Academy*  
*Philanthropist*  
*Vice President, Cornerstone Financial Group, Inc.*  
*Attorney at Law*  
*Partner, Gibney, Anthony & Flaberty, LLC*  
*CASAC, MSW, Associate Treasurer, Friars of the Atonement*  
*Executive Director, Event Marketing, Condé Nast*  
*Executive Director, House Staff, Office/Staff & Alumni Office, Montefiore Medical Center*  
*President Emerita Steamfitters Local 658*  
*Owner & Operator, Event Design New York, Inc.*  
*COO, St. Christopher's Inn*

## Financial Statement

ST. CHRISTOPHER'S INN, INC.  
STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS  
YEARS ENDED DECEMBER 31, 2015 AND 2014

SUPPORT AND REVENUE	2015	2014
Program Service Fees	\$6,784,762	\$5,994,480
Government Grants & Contracts	\$329,674	\$163,398
Contributions, Private Gifts, & Foundations	\$2,627,075	\$1,314,943
Contributed Services - In-kind Support	\$377,700	\$377,700
Investment Income, net	\$17,450	\$63,396
Other income	\$116,042	\$158,427
<b>TOTAL REVENUE</b>	<b>\$10,252,703</b>	<b>\$8,072,344</b>
<b>EXPENSES</b>	<b>2015</b>	<b>2014</b>
Shelter Program for Homeless Men	\$2,646,797	\$2,974,664
Medical Services	\$787,943	\$1,240,904
Outpatient Clinic Program	\$4,578,578	\$3,078,820
Administration	\$1,089,971	\$766,010
Fundraising	\$480,162	\$282,989
<b>TOTAL EXPENSES</b>	<b>\$9,583,451</b>	<b>\$8,343,387</b>
<b>CHANGE IN NET ASSETS</b>	<b>\$669,252</b>	<b>(\$271,043)</b>
NET ASSETS AT THE BEGINNING OF THE YEAR	\$4,797,384	\$5,068,427
NET ASSETS AT THE END OF THE YEAR	\$5,466,636	\$4,797,384

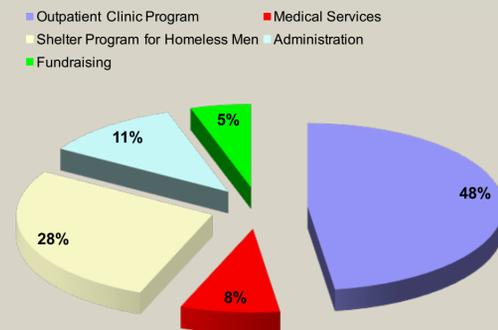
ST. CHRISTOPHER'S INN, INC.  
BALANCE SHEET  
YEARS ENDED DECEMBER 31, 2015 AND 2014

ASSETS	2015	2014
Cash & Cash Equivalents	\$1,382,732	\$357,335
Investments, at fair market value	\$4,180,400	\$3,482,473
Accounts Receivable, net of allowance for doubtful accounts of \$115,204 in 2015 and \$102,000 in 2014	\$598,602	\$534,092
Contributions & Grants Receivable	\$145,199	\$116,153
Prepaid Expenses and other assets	\$116,176	\$152,619
Property and Equipment, (net)	\$736,704	\$852,433
<b>TOTAL ASSETS</b>	<b>\$7,159,813</b>	<b>\$5,495,105</b>
<b>LIABILITIES AND NET ASSETS</b>	<b>2015</b>	<b>2014</b>
Accounts Payable and Accrued Expenses	\$713,086	\$584,314
Due to Friars of the Atonement, Inc.	\$855,091	\$38,407
Line of Credit	\$125,000	\$75,000
<b>TOTAL LIABILITIES</b>	<b>\$1,693,177</b>	<b>\$697,721</b>
<b>NET ASSETS</b>	<b>2015</b>	<b>2014</b>
Unrestricted	\$5,461,833	\$4,790,940
Temporarily Restricted Net Assets	\$4,803	\$6,444
<b>TOTAL NET ASSETS</b>	<b>\$5,466,636</b>	<b>\$4,797,384</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$7,159,813</b>	<b>\$5,495,105</b>

December 31, 2015 - St. Christopher's Inn Revenue & Support



December 31, 2015 - St. Christopher's Inn Program Expenses



## ST. CHRISTOPHER'S INN

A MINISTRY OF THE FRANCISCAN FRIARS  
OF THE ATONEMENT



## 2015 ANNUAL REPORT

*Celebrating Over 100 Years of Caring*

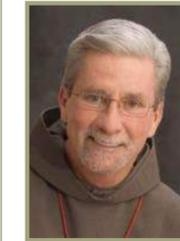
### Our Mission

THE WORDS OF ST. FRANCIS OF ASSISI  
BRING TO LIFE OUR MISSION AND  
**OUR CHALLENGE:**

*We have been called to heal wounds,  
to unite what has fallen apart, and to bring  
home those who have lost their way.*

ST. CHRISTOPHER'S INN, A MINISTRY OF THE FRANCISCAN FRIARS OF THE ATONEMENT, IS A TEMPORARY HOMELESS SHELTER DEDICATED TO THE REHABILITATION OF MEN IN CRISIS WHOM WE CALL "BROTHERS CHRISTOPHER." OUR MISSION IS TO OFFER A CONTINUUM OF QUALITY HEALTH CARE SERVICES THAT FACILITATE PHYSICAL, EMOTIONAL, AND SPIRITUAL HEALING BY PROVIDING CHEMICAL DEPENDENCY TREATMENT, PRIMARY HEALTH CARE, AND TEMPORARY HOUSING. WE STRIVE TO RESTORE THE PERSONAL DIGNITY OF EACH INDIVIDUAL BY UTILIZING A HOLISTIC APPROACH IN ALL OUR PROGRAMS. NO ONE IS EVER TURNED AWAY BECAUSE OF RACE, RELIGION, OR THE ABILITY TO PAY.

## Fr. Bill Drobach, SA



It's hard to imagine that it has been 106 years of men in crisis finding their way to the Holy Mountain looking for help—each fighting their own personal demons. After 15 years of serving at St. Christopher's Inn in many different positions, most recently as President and CEO, it is clear to me that this ministry is not only actively saving lives and restoring families, but continues to serve as a lighthouse—a beacon of hope

for those lost in the spiral of addiction.

There is an opiate crisis that is charging through our country, stealing our families and leaving a trail of devastation and grief. The stigma of addiction as a choice is disappearing as all socio-economic boundaries are being destroyed by this disease. The number of overdose deaths has soared in recent years, particularly among scholars, athletes, women and small suburban towns.

While it is easy to become discouraged when you consider these devastating facts, it only takes one walk through the halls with the men here at the Inn to remind me there is hope. It only takes one letter or email from our benefactors who have kept our doors open for those 106 years to remind me that we are forging a way in the dark. I hope you are proud to read through this Annual Report and know that you are our partner in fighting for people to find hope in recovery.

Sincerely,  
Fr. Bill Drobach, SA  
President & CEO



On June 21, 2015, the St. Christopher's Inn Choir sang for the Mass at St. Patrick's Cathedral in New York City at the request of His Eminence Timothy Cardinal Dolan! The Very Reverend Fr. Brian Terry, SA, and Fr. Bill Drobach, SA, concelebrated with the Cardinal.



*"My participation in the choir was both unexpected as well as very much enjoyed. I owe a lot of my finding spirituality to the availability of joining the choir and participating in it."*

## Brothers Christopher House

- In 2015, BCH had a 78% completion rate.
- All who completed employment or enrolled in a training program.
- All who completed obtained meaningful employment or enrolled in a training program.

**Did you know?** St Christopher's Inn opened Brothers Christopher House, a transitional house where men can continue their treatment beyond the grounds of the Inn, while secured and transferred to permanent housing.

- The average length of stay for men completing treatment is 238 days.
- Most graduates remain in the White Plains area and stay connected to BCH as a way of giving back.

- There are three phases of treatment at Brothers Christopher House.
- Phase 1 lasts for 30 days. Residents are assigned to a fellow resident, and are not permitted out of the house
- Phase 2 generally lasts for 60 days. Residents are permitted out of the house during the day and may apply for a weekend pass once per month.
- Phase 3 lasts for a minimum of 60 days. Residents in Phase 3 enroll in a school or training program, and/or begin looking for work. Phase 3 residents are also required to volunteer in the community as a way of giving back.



## Admissions

**Did you know?** St. Christopher's Inn admitted 1,088 men into the Shelter and 973 men were admitted into Substance Abuse treatment for



The first stop for a new Brother Christopher is the Admissions office. While the staff answers than 200 phone calls and emails each day from family members, referral agencies and directly from clients looking for help, they also welcome, reassure and help men with the first step towards a better life in recovery.

*"I love this place, and am so glad I decided to wait for my bed to come here. I feel I received exactly what I needed and am absolutely proud of who I have become since my arrival here 99 days ago."*

## Assessments

**Did you know?** 2,400 client assessments were completed in 2015

After being admitted to the shelter, clients in need are scheduled for a comprehensive psychiatric, medical and for the smoking cessation program. This process helps the staff understand each client, their individual needs, and assists them in planning for effective treatment during their stay at St. Christopher's Inn.

## Scholarships

**Did you know?** \$80,884 was given in scholarships to men in need of treatment without any resources of their own, in 2015.



Living with the disease of addiction often means living without everything else, including any means of getting help to find a way out of the spiral. At St. Christopher's Inn, scholarships for treatment are reserved for men who show a serious commitment to doing the difficult work required for a life in recovery. Clients must submit an essay explaining why they are requesting a scholarship for treatment, which is reviewed and considered by Fr. Bill Drobach, SA, President & CEO of the Inn. There is no question—this resource SAVES LIVES.

## Treatment

**Did you know?** Over 62,686 treatment visits were provided for clients in 2015.



Treatment at St. Christopher's Inn is holistic and varied based on the needs of the client. We strive to restore the personal dignity of each individual, which is accomplished through specialized group therapy including: encouragement group, meditation group, young persons group, coping skills and more; individual sessions with counselors; daily community meetings and 12-step program meetings; access to pastoral counseling, yoga, smoking cessation, family program and a GED program, among others.

## Medical Services

**Did you know?** \$54,414 was provided in medication and medical supplies and \$22,775 was provided in medical services (medical and psychiatric visits) for uninsured clients in need.



*"The medical staff abowed extreme care."*

The Medical team at St. Christopher's Inn, which includes physicians, psychiatrists, nurse practitioners and nurses, takes an active role in the education and treatment of all clients. From psychiatric testing and psychotherapy to episodic sick calls, virtually all services and supplies provided through the Article 28 New York State licensed clinic are funded only by charitable donations from our generous benefactors.

## Food and Meals

**Did you know?** In 2015, over 175,000 meals were served at St. Christopher's Inn.



*"The way that St. Christopher's cares for us men by making sure we have what we need is amazing."*

Sharing a meal with others is often an invitation to also share experiences, encouragement, triumphs and failures. This type of camaraderie in the St. Christopher's Inn Dining room among clients is an additional benefit of the family-style dining, and nutritious meals provided by the kitchen staff three times a day. So many of these men have been without proper nourishment for their bodies and their minds for so long that eating and sharing become a pivotal part of their journey to recovery.

## Family Program

**Did you know?** Nearly 500 people participated in over 1,000 family sessions, which provided education on the disease of alcoholism and addiction to both family members and clients.



*"My spirituality and faith increased, along with my recognition of what needs to be changed in order to be a well-adjusted, successful man."*

The Family Program at St. Christopher's Inn is consistently considered by clients as one of the best parts of their treatment. This three-session program allows family members and current clients to see and confront issues like denial and secrecy, as well as explore and discuss how the disease of addiction has impacted their family life. Clients, along with their family members, find the support they need to help them move forward in their recovery.

## Smoking Cessation

**Did you know?** St. Christopher's Inn offers an optional Smoking Cessation Program for all clients.

According to SAMSHA, people with substance abuse and/or mental health disorders account for nearly 40% of all cigarettes smoked in the United States. Research also shows that quitting smoking can improve addiction recovery outcomes. At St. Christopher's Inn, we know this is true since nearly 90% of men who complete the Smoking Cessation Program go on to successfully complete treatment.

*"This is a truly wonderful place."*

## Brothers Christopher House

- In 2015, BCH had a 78% completion rate.
- All who completed employment or enrolled in a training program.
- All who completed obtained meaningful employment or enrolled in a training program.

**Did you know?** St Christopher's Inn opened Brothers Christopher House, a transitional house where men can continue their treatment beyond the grounds of the Inn, while secured and transferred to permanent housing.

- The average length of stay for men completing treatment is 238 days.
- Most graduates remain in the White Plains area and stay connected to BCH as a way of giving back.

- There are three phases of treatment at Brothers Christopher House.
- Phase 1 lasts for 30 days. Residents are assigned to a fellow resident, and are not permitted out of the house
- Phase 2 generally lasts for 60 days. Residents are permitted out of the house during the day and may apply for a weekend pass once per month.
- Phase 3 lasts for a minimum of 60 days. Residents in Phase 3 enroll in a school or training program, and/or begin looking for work. Phase 3 residents are also required to volunteer in the community as a way of giving back.



## Admissions

**Did you know?** St. Christopher's Inn admitted 1,088 men into the Shelter and 973 men were admitted into Substance Abuse treatment for



The first stop for a new Brother Christopher is the Admissions office. While the staff answers than 200 phone calls and emails each day from family members, referral agencies and directly from clients looking for help, they also welcome, reassure and help men with the first step towards a better life in recovery.

*"I love this place, and am so glad I decided to wait for my bed to come here. I feel I received exactly what I needed and am absolutely proud of who I have become since my arrival here 99 days ago."*

## Assessments

**Did you know?** 2,400 client assessments were completed in 2015

After being admitted to the shelter, clients in need are scheduled for a comprehensive psychiatric, medical and for the smoking cessation program. This process helps the staff understand each client, their individual needs, and assists them in planning for effective treatment during their stay at St. Christopher's Inn.

## Scholarships

**Did you know?** \$80,884 was given in scholarships to men in need of treatment without any resources of their own, in 2015.



Living with the disease of addiction often means living without everything else, including any means of getting help to find a way out of the spiral. At St. Christopher's Inn, scholarships for treatment are reserved for men who show a serious commitment to doing the difficult work required for a life in recovery. Clients must submit an essay explaining why they are requesting a scholarship for treatment, which is reviewed and considered by Fr. Bill Drobach, SA, President & CEO of the Inn. There is no question—this resource SAVES LIVES.

## Treatment

**Did you know?** Over 62,686 treatment visits were provided for clients in 2015.



Treatment at St. Christopher's Inn is holistic and varied based on the needs of the client. We strive to restore the personal dignity of each individual, which is accomplished through specialized group therapy including: encouragement group, meditation group, young persons group, coping skills and more; individual sessions with counselors; daily community meetings and 12-step program meetings; access to pastoral counseling, yoga, smoking cessation, family program and a GED program, among others.

## Medical Services

**Did you know?** \$54,414 was provided in medication and medical supplies and \$22,775 was provided in medical services (medical and psychiatric visits) for uninsured clients in need.



*"The medical staff abowed extreme care."*

The Medical team at St. Christopher's Inn, which includes physicians, psychiatrists, nurse practitioners and nurses, takes an active role in the education and treatment of all clients. From psychiatric testing and psychotherapy to episodic sick calls, virtually all services and supplies provided through the Article 28 New York State licensed clinic are funded only by charitable donations from our generous benefactors.

## Food and Meals

**Did you know?** In 2015, over 175,000 meals were served at St. Christopher's Inn.



*"The way that St. Christopher's cares for us men by making sure we have what we need is amazing."*

Sharing a meal with others is often an invitation to also share experiences, encouragement, triumphs and failures. This type of camaraderie in the St. Christopher's Inn Dining room among clients is an additional benefit of the family-style dining, and nutritious meals provided by the kitchen staff three times a day. So many of these men have been without proper nourishment for their bodies and their minds for so long that eating and sharing become a pivotal part of their journey to recovery.

## Family Program

**Did you know?** Nearly 500 people participated in over 1,000 family sessions, which provided education on the disease of alcoholism and addiction to both family members and clients.



*"My spirituality and faith increased, along with my recognition of what needs to be changed in order to be a well-adjusted, successful man."*

The Family Program at St. Christopher's Inn is consistently considered by clients as one of the best parts of their treatment. This three-session program allows family members and current clients to see and confront issues like denial and secrecy, as well as explore and discuss how the disease of addiction has impacted their family life. Clients, along with their family members, find the support they need to help them move forward in their recovery.

## Smoking Cessation

**Did you know?** St. Christopher's Inn offers an optional Smoking Cessation Program for all clients.

According to SAMSHA, people with substance abuse and/or mental health disorders account for nearly 40% of all cigarettes smoked in the United States. Research also shows that quitting smoking can improve addiction recovery outcomes. At St. Christopher's Inn, we know this is true since nearly 90% of men who complete the Smoking Cessation Program go on to successfully complete treatment.

*"This is a truly wonderful place."*

## Treatment Completion

**Did you know?** In 2015, St. Christopher's Inn had a treatment completion rate of 76% - the highest among similar programs in New York State.



*"I felt like I really had a lot of joy in my aftercare and my goals and concerns were absolutely considered when picking a place for me to go."*

Completing treatment at St. Christopher's Inn is a monumental step in the journey towards long-term recovery. It means that clients have completed treatment plan goals, and are prepared for their next chapter in life. Every man leaves with a discharge plan that includes referrals for ongoing treatment.

## Alumni

*"They saw me as a man that was worthy of love and respect."*

**Did you know?** The St. Christopher's Inn Alumni Association has active chapters in Poughkeepsie, Westchester, New York City, Long Island, and South Florida.

The St. Christopher's Inn Alumni Association is a fellowship open to any man who has ever spent any amount of days at St. Christopher's Inn. These men meet together quarterly, remain in touch with the Friars and Staff at St. Christopher's Inn, and encourage current residents by sponsoring several events throughout the year: a Unity Breakfast in the Fall, Spaghetti Luncheon in the Spring, and the Annual Homecoming/Alumni Picnic on the first Saturday in August for alumni and their families. Additionally, many of the 12-step meetings at St. Christopher's Inn are led by St. Christopher's Inn Alumni volunteers who share their stories of hope and recovery with current clients.



*"I can not thank SCI enough for all the wonderful things they have taught me. I am forever grateful for all the love they have shown me. Words can not express my gratitude. THANK YOU SCI I WILL ALWAYS KEEP YOU IN MY HEART"*

