

# ST. CHRISTOPHER'S INN

AT GRAYMOOR SINCE 1909

2008 - 2009 ANNUAL REPORT

CENTENNIAL EDITION



WHERE HOPE AND COMPASSION MEET

++ *Celebrating 100 Years of Caring* ++

# Our Mission



Box 150, Graymoor • 21 Franciscan Way • Garrison, NY 10524 • 845-335-1000

## 100 Years and Counting!

THE WORDS OF ST. FRANCIS OF ASSISI BRING TO LIFE  
OUR MISSION AND OUR CHALLENGE:

*We have been called to heal wounds,  
to unite what has fallen apart, and to bring  
home those who have lost their way.*

St. Christopher's Inn, a ministry of the Franciscan Friars of the Atonement, is a temporary homeless shelter dedicated to the rehabilitation of men in crisis whom we call "Brothers Christopher." Our mission is to offer a continuum of quality health care services that facilitate physical, emotional, and spiritual healing by providing Chemical Dependency Treatment, Primary Health Care, and temporary housing. We strive to restore the personal dignity of each individual by utilizing a holistic approach in all our programs. No one is ever turned away because of race, religion, or the ability to pay.

### DEAR FRIENDS,

Have you ever seen a birthday cake with 100 candles? It is truly an awesome sight. It is difficult to count so many candles on a cake, never mind successfully blowing them all out with one breath. It could not be done without help. That too applies to the history of St. Christopher's Inn.

Each year for 100 years a candle was silently lit at the beginning of the year and blown out at the end of the year. Then the process would begin again silently and almost without notice. For 100 years – without a break – through good times and bad, through feast and famine, through sunny or stormy skies, through war and peace – the ministry of St. Christopher's Inn continued.

To look back at its beginnings and to see where it is today is to witness an amazing unfolding of how "one day at a time" God works in mysterious ways. When the first man came to the "Holy Mountain" seeking food, shelter and spiritual comfort, neither Fr. Paul Wattson, S.A., nor Mother Lurana White, S.A., co-founders of the newly established Society of the Atonement, had any idea where their kindness and hospitality would lead.

Remembering that at the turn of the 20th century communication systems were fairly rudimentary, it is not surprising that those learning about the "Holy Mountain" and the welcome offered there became aware of it primarily by word of mouth. There was no advertising, no press releases, no billboards to alert men in need to where they could go for assistance—this information was simply passed on from one man to the next.

Over time the "word on the street" in New York City was simple and straight forward for men who had lost their way: "If you need help, go to the Holy Mountain." The word has continued to spread far and wide. And the men continue to come seeking help and hope. Today they come from all over.

In the course of 100 years there have been dramatic changes in so many areas – automobiles, airplanes, electric service, subways, medical science, frozen food, highways, telecommunications, and computers just to name a few. There also have been significant changes in those who come to the Inn for assistance.

A century ago the median age of those at the Inn was the late 40's to early 50's while today the average is the early to mid 30's with at least a handful between 18-20 years old. The men today have significantly more physical health issues than a century ago because they started using alcohol and drugs at a much earlier age, sometimes as early as 8 to 10 years old. Consequently, these men also experience more psychological and psychiatric issues such as depression, bipolar disorder, anxiety issues, etc. Having started using chemicals at an earlier age, they did not mature physically and emotionally in the normal process by struggling through issues but continually addressed issues, by using more chemical to "make the feelings go away."

As the needs of the men have changed over time so too have the services offered by the Friars and Staff of St. Christopher's Inn changed to meet their needs. In

# 100 Years and Counting!

addition to a safe, clean environment with nutritious meals and a sense of peace and serenity the men also have available professional counseling and medical services.

The medical services today are offered by our primary health care clinic licensed by NYS Department of Health that includes physical exams, medication monitoring, psychiatric assessments and other services. The counseling department, licensed by NYS Office of Alcoholism and Substance Abuse Services, helps the men face the disease of chemical dependency and learn what they must do to live life clean and sober.

The goal has continued to be the same for all these 100 years – to help each man be restored to a life of dignity and respect and to discover his value as a human being.

Over these 100 year the Inn has never discriminated by race, religion, social status or the ability to pay. Another constant for these 100 years is the importance of our Benefactors whose support of St. Christopher's Inn makes this ministry possible. It is truly the generosity of our Benefactors that allow us to do what we do to help those in need. Our Benefactors are indeed Co-Ministers with the Friars and Staff in restoring life and hope.

To the many Friars who have served at St. Christopher's Inn over the years, and the Staff who have served with them —both the living and deceased—we are grateful for your selfless service and sacrifice.

For the members of the Board of Directors who have given of their time, talent, wisdom and substance over the years, we are deeply indebted to you for your guidance and support. You have helped St. Christopher's Inn prepare to enter the next 100 years of service.

To all our Alumni—living and deceased—may God bless you.

For 100 years the words of St. Francis of Assisi have brought to life our Mission and our challenge:” We have been called to heal wounds, to unite what has fallen apart and to bring home those who have lost their way.” May these same words guide and sustain us these next 100 years.

Next time, we'll need a bigger cake!



Fr. Bernie Palka, S.A.

Michael Elms

## Table of Contents

BOARD OF DIRECTORS, 2008-2009 . . . . .	6
ADMINISTRATION AND STAFF . . . . .	8
SNAPSHOT OF SERVICES . . . . .	9
OVERVIEW OF SERVICES . . . . .	10
ALUMNI PICNIC . . . . .	15
TIMELINE OF EVENTS . . . . .	16
CENTENNIAL CELEBRATION . . . . .	30
CENTENNIAL DINNER . . . . .	32
ST. CHRISTOPHER'S INN: THEN & NOW . . . . .	34
TESTIMONIALS . . . . .	36
THE INN'S STAFF . . . . .	38
RUSSIAN INTERNS . . . . .	40
PLANNING DAY . . . . .	41
WHAT A DAY FOR GOLF! . . . . .	42
RECOVERY RALLY . . . . .	43
WE GROW HOPE . . . . .	44
EVOLUTION OF THE CENTENNIAL BRICK WALK & GARDEN . . . . .	45
FINANCIAL STATEMENT . . . . .	46



# Board of Directors

2008-2009

Rev. Bernard Palka, S.A.  
*President/CEO*

Mr. Michael Elms  
*Chairman*

Mrs. Mary de Barros

Mr. Donald Ehman

Mr. James Kucharczyk

Mrs. Joan Sheridan LaBarge

Mr. Vernon Manley

Mrs. Celia Novo

Mr. Harlan Patterson

Mr. Arthur Ross

Rev. Charles Sharon, S.A.

Mr. Kenneth Singleton

Mr. W. Christopher Singleton

Rev. Wilfred Tyrrell, S.A.



Fr. Bernie Palka, S.A.  
*President & CEO*



Michael Elms  
*Chairman*



Mary de Barros



Donald Ehman



James Kucharczyk



Vernon Manley



Celia Novo



Harlan Patterson



Arthur Ross



Fr. Charles Sharon, S.A.



Joan Sheridan LaBarge



Kenneth Singleton



Fr. Wilfred Tyrrell, S.A.

Christopher Singleton  
*Picture not available*



March 18, 2009 Board Meeting

## ADMINISTRATION *and* STAFF



*A snapshot of services and treatment provided by  
St. Christopher's Inn for one year.*

# 2008

- St. Christopher's Inn provided *138,028 meals* to men in crisis.
- There were *43,160 treatment visits* to our licensed alcohol and treatment programs including day rehabilitation, medical and psychiatric.
- We provided *879 individual assessments* and admitted *934 individuals* into our Shelter Services.
- *934 men* were admitted to The Inn. *716* entered into treatment.
- We provided family counseling sessions to over *500 family members* in the process of rebuilding their lives.
- St. Christopher's Inn provided *\$16,000* worth of prescription medications to those persons without health insurance.
- St. Christopher's Inn provided *\$708,000* in charity and scholarship care to homeless men and those in need of treatment services.
- *11,244 articles of clothing* were distributed to our shelter residents.
- *64%* of our men who attended GED instruction and took the exam successfully passed; earning their high school diploma.
- *77%* of our men successfully completed treatment, which is the highest completion rate among similar programs in New York State as evaluated by NY State Office of Alcoholism and Substance Abuse Services (OASAS).
- *50%* of smoking cessation participants stopped smoking. Over *90%* of smoking cessation graduates completed chemical dependency treatment.
- Most importantly, *100%* of all our men were offered physical, spiritual, and emotional guidance.



EXECUTIVE TEAM

Nick Petruzzi, CFO, Fr. Bernie Palka, S.A. CEO & President,  
Fr. Bill Drobach, S.A. Vice President, Marianne Taylor-Rhoades,  
COO, & Michael Elms, Chariman.



MANAGEMENT TEAM

Left to Right Top Row: David Gerber, Administrative Director of  
Counseling & Shelter Services, Kathy Fletcher, Director of Billing  
& Client Resources, Amy Sucich, Asst. Director of Counseling  
Services, Marianne Taylor-Rhoades, COO, Anthony Gallicchio,  
Director of Development

Bottom Row: Colin Ross, Project and Safety Manager, Nick Petruzzi,  
CFO, Mary Anne Fielding, Utilization Review Specialist, Tom  
King, Assistant Director of Shelter Services, Kate Daly, Director  
of Admissions, Fr. Bernie Palka, S.A. CEO, Laurel McCullagh,  
Director of Nursing, Paula Lockwood, Senior Systems Analyst,  
Fr. Bill Drobach, S.A. Vice President

Missing from Picture: Robert Morea, Director of Security, and Paul  
Manzo, Director of Food Services



# OVERVIEW *of* SERVICES

## Shelter Services

Licensed by the New York State Department of Social Services

Room and Board

Case Management

Discharge Planning

Pastoral Counseling

Self-Help Meetings

## Alcohol and Drug Treatment Services

Day Rehabilitation Program

Clinic Module and Evening Clinic

Licensed by New York State Office of Alcoholism and Substance Abuse Services (OASAS)

Individual and Group Therapy

Relapse Prevention

Family Counseling Services

Mentally Ill Chemical Abuser (MICA) Treatment Services

Psychodrama

Acupuncture

Individualized Treatment and Discharge Planning

Creative Arts Therapy

Dialectical Behavior Therapy

GED Preparation

Vocational Assistance

Yoga

Smoking Cessation

## Medical Services

Article 28 Clinic licensed by New York State Department of Health

Primary Care Services

Ambulatory Detoxification

Comprehensive Physical Exams

Psychiatric Evaluations

Health Education

Medication Management

Chemical Dependency Assessments

HIV Testing and Referrals

Nutritional Guidance



## SHELTER/HOMELESS SERVICES

As our mission states, “St. Christopher’s Inn seeks to ‘restore the dignity,’ and ‘bring home those who have lost their way.’” The Inn never turns away any man because of race, religion or the ability to pay.

The first step in rebuilding broken lives is admitting men into the shelter. All men who stay in our shelter do so free of charge, while receiving food, clothing and a safe living environment. In addition, all men residing in our shelter receive physical examinations, psychiatric care if necessary, individual and group counseling, and 12-step meetings. Men perform assigned activities in lieu of payment. This concept of giving back is part of the 100-year tradition of The Inn and serves to restore the dignity that can be associated with being given charity care. Men are seen all over the “Holy Mountain” performing activities such as cooking, cleaning, landscaping and general maintenance. This philosophy helps to create a bond between the men and the mission of the Friars.

## CHEMICAL DEPENDENCY TREATMENT SERVICES

The Inn has three main treatment programs: Ambulatory Detoxification; Day Rehabilitation Program and the Evening Clinic. These programs serve the varying needs of individual clients. The largest of these programs is the Day Treatment Program (DTP). This program offers traditional group and individual therapy for those addicted to alcohol/drugs and nicotine as well as more cutting edge holistic approaches such as psychodrama, acupuncture and yoga. In addition, men have access to daily 12-step programs; financial planning services; GED and math tutoring; pastoral counseling; family therapy and a smoking cessation program. All treatment services are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS).

## COMMUNITY DAY PROGRAM

In 2005, The Inn opened its doors to the community to participate in our Day Rehabilitation Program. This exciting program gives people in the community access to the high quality services that St. Christopher’s Inn has to offer to those who do not need to live in our shelter.



## EVENING PROGRAM

The Outpatient Evening Clinic services individuals in the community in need of chemical dependency treatment who are working or in school. Meeting up to three days a week, the program has grown considerably since its opening in 2003.

## MEDICAL DEPARTMENT

Primary, medical and psychiatric services are provided at our New York state licensed diagnostic and treatment center. Medical assessments are provided for 100% of our population and almost 50% of our clients receive services from our psychiatric providers. Registered nurses, nurse practitioners and our physician/medical director provide medical care to those in need. The nurses work with our psychiatrists, nurse practitioners and psychologist to provide necessary psychiatric evaluation and medication management. Clients who require specialty services are provided with referrals and transportation.

Each year the Diagnostic and Treatment Center provides care to many men with no health insurance. A mobile dental van provides dental services and clients are also provided with medications and medical supplies at no charge.

## AMBULATORY DETOX

The goal of ambulatory detox is to provide supervised withdrawal from alcohol in a safe, supportive environment. The physician or nurse practitioner sees these clients daily, and the nurses monitor the client's vital signs and symptoms of withdrawal at least twice each day. Once the detox process is complete, the client may be referred to the day rehab program.

## FAMILY SERVICES

Involving family members of clients in treatment improves success rates. The nature of addiction and the transient population that make up the clientele of The Inn can make it a difficult task to engage family members. Yet the family program continues to grow both in terms of numbers and success.

Family members also “catch the spirit” of The Inn, so much so that one family member returned to The Inn weekly as a literacy volunteer, traveling over 100 miles to give back what he had received. Further services are provided even after their loved ones have left treatment.

## COMPLIMENTARY THERAPIES/SERVICES, HOLISTIC SERVICES

Acupuncture, yoga, psychodrama and art therapy are among the holistic approaches utilized to try and reach individuals to get to the core of their problems, and help them move forward in a lifestyle of recovery. Our GED program has helped clients pass their GED exam, enabling them to receive their high school diploma. Volunteers assist individuals with reading, writing and math. A financial planner comes once a week to help individuals resolve issues related to debt and taxes. Vocational planning helps prepare clients for return to work.

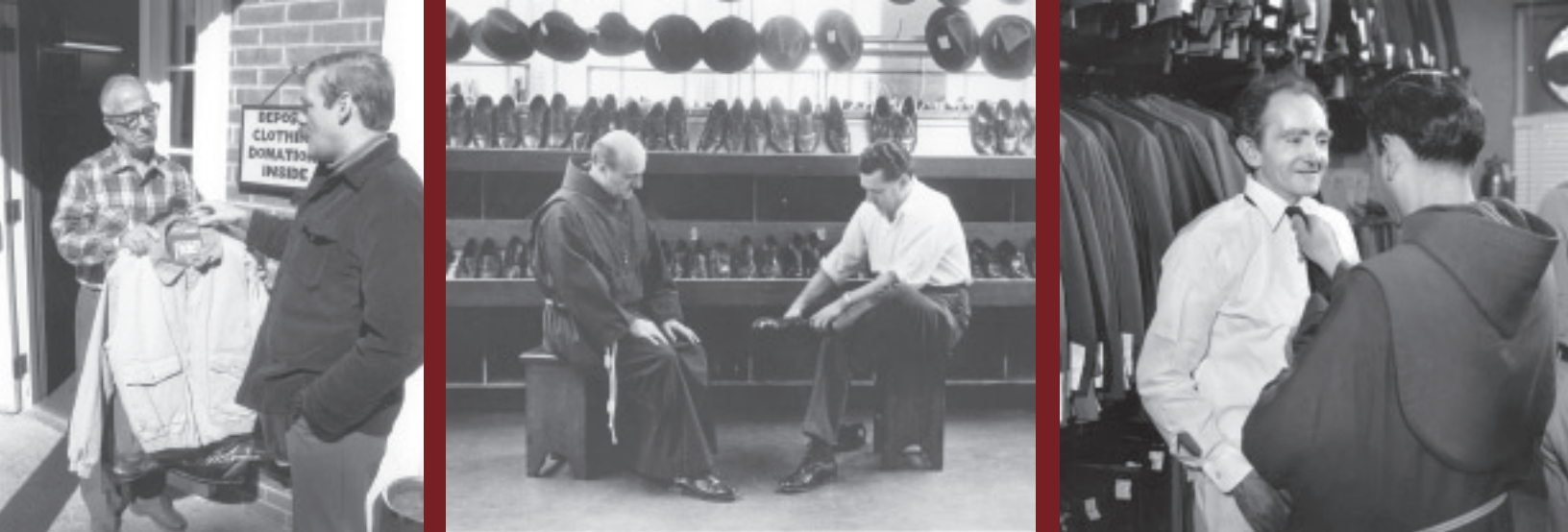
## EMERGENCY SHELTER GRANT PROGRAM

The Emergency Shelter Grant allows us to provide high quality medical and psychiatric services for our high risk population through efforts of a nurse practitioner and also help defray the cost of some medications and supplies.

## PROJECT RENEWAL

The Inn added four new treatment programs in 2008. Our partnership with Project Renewal improves the utilization of beds, while adding clients to our day rehab, outpatient clinic and evening programs. Project Renewal also fills a necessary gap related to homeless men and aftercare, as men that enter into and complete the Project Renewal Program will have jobs and homes to go to when they leave The Inn.





## ALUMNI

The men that pass through The Inn are more than just clients; they become “Brothers Christopher.” The bond between the residents and the Friars and staff of The Inn becomes so powerful that men seek to maintain their connection long after their stays. The Alumni Association seeks to maintain contact with The Inn and give back wherever possible. There are alumni chapters in both New York and Florida. Alumni man the front desk on holidays, facilitate the AA groups for The Inn’s residents, and hold an annual picnic for hundreds of attendees every year. The annual picnic provides the opportunity for current clients to interface with our alumni and the sharing of re-claimed lives is always inspirational.

## CHOIR

In 1973, Brother Gregory Lucrezia, S.A. formed the first Inn choir to perform on Christmas Eve. Today, this choir of current Inn residents sings at Easter, Christmas, Sunday services and many public events; they have also made a recording. The tradition of the choir is a source of great pride to the Inn as well as to the men who participate. The Inn choir is ever changing, as new men rotate through continuously. It is made up of approximately thirty men, all of whom are in recovery. Each member is given a white alb and a San Damiano Cross donated by a benefactor. In addition to attending their daily treatment program and assigned activities, the choir practices on weeknights. Fr. William Drobach, S.A. the Vice President of the Inn, is the choir’s moderator. The men involved in the choir experience a bond and a network with the other men working towards recovery.

## HOUSE OF HOPE - ST. PETERSBURG, RUSSIA

In 1995, the success of the Inn caught the attention of our friends overseas and a group of Russians visited treatment facilities throughout the United States in the hope of finding effective treatment alternatives to address their problem with alcoholism. As a result of their journey, St. Christopher’s Inn was asked to partner with their treatment facility in St. Petersburg, Russia called the The House of Hope. For fourteen years now, the Inn has provided onsite training for their staff and twice a year staff members visit Russia to continue our partnership in assisting them to meet the challenges of overcoming addiction.

# Alumni Picnic



## ALUMNI OF BROTHER’S CHRISTOPHER AUGUST 1, 2009

Every summer the Inn would hold a Barbeque for the men to thank them for their help, to give them a rest and to hopefully reunite some of the men who moved on and were doing well enough to return to show support for their Brother’s Christopher. In 1996 the Annual Summer Barbeque formally became the Annual Alumni Picnic. Funds solicited by and from the Alumni paid for the event which became more festive each year. From 1996 to 2008, Tom King, Assistant Director of Shelter Services, was the Grand Marshall of the picnic organizing every detail. In 2009 Tom passed the torch to Paul Manzo, Director of Food Services.

Each year the Alumni Picnic becomes more successful, with as many as 300, 400, and this year 500 Alumni and their families attending our Centennial Alumni Picnic. It was gratifying to see so many of the men return and reunited with their families; Fr. Bernie Palka, S.A. wept with tears of joy as he began celebration of the mass. All funds raised through the sales of raffles and T-shirts at the picnic go directly to the Alumni Fund. One thing you could be sure of: there was no shortage of Alumni on line to have a shot at dunking their favorite counselor or staff member in the Dunk Tank! All Alumni are invited back each year to join in the fun and support one another.



*Michael Boccia*



*Paul Manzo & David Gerber*



*Lou Gagliano, middle, with Alumni*



*Paula Cawley, Terri Udolf & Craig Sears*



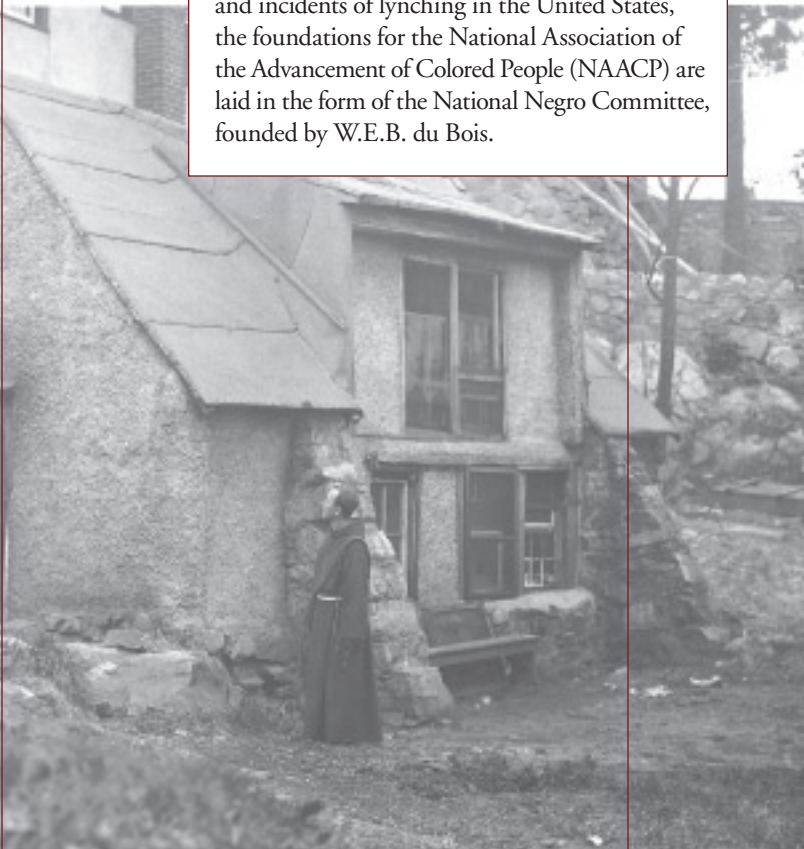
# Historic Timeline of Events

**December 1900:**  
*SCI History:* After completion of St. Paul's Friary in 1900, wayfarers seeking food and shelter were housed in the woodshed and shoe shop of the Friary.  
  
In the early 1900s, soon after our founders Fr. Paul and Sr. Lurana arrived at Graymoor, homeless hungry wanderers were a common sight along the Albany Post Road (now Route 9). Men found their way to the "Holy Mountain" where they were generously offered food and lodging.



**1908:**  
*Public Policy:* As immigration rates fall, Ellis Island cuts 100 employees.

**1909:**  
*SCI History:* Fr. Paul begins using the chicken coup to house wayfarers seeking food and shelter. This was the first designated space for the wayfarers. A picture of the chicken coup appears in the *Lamp Magazine*-December 1910. Meanwhile, Fr. Paul, the Founder of the Friars of the Atonement, lived in a paint shed.  
  
*Public Policy:* In an atmosphere of spiraling racism and incidents of lynching in the United States, the foundations for the National Association of the Advancement of Colored People (NAACP) are laid in the form of the National Negro Committee, founded by W.E.B. du Bois.



**1907:**  
*SCI History:* Fr. Paul begins using the name "Brothers Christopher" for the wayfarers seeking assistance. This is the term originally used by the Sisters of Atonement.  
  
*World History:* Reports reveal that famine in Russia has brought 20 million people close to starvation.  
  
Oklahoma becomes the 46th state to join the union.

**1912:**  
*World History:* New Mexico becomes the 47th state to enter the union.  
  
In Lawrence, Massachusetts, cotton and wool workers go on strike to protest a pay cut, leading to violent clashes with law enforcement officers.  
  
Arizona becomes the 48th state to enter the union.

**1913:**  
*Popular Culture/Other:* Grand Central Station in New York, the largest train station in the world, opens.  
  
Immigration into the United States hits a new record as 6,571 arrive at Ellis Island in a single day.

**1910:**  
*World History:* Slavery is abolished in China by edict from the imperial government.  
  
*Popular Culture/Other:* Race riots erupt across the country after Jack Johnson defends his world heavyweight boxing title with a 15th round knock-out of Jim Jeffries.  
  
Mother Teresa of Calcutta, the Albanian-born leader of the Missionaries of Charity, is born.

**1914:**  
*World History:* Germany declares war on Russia and France. The emperor of Japan declares war on Germany.  
  
*Public Policy:* Congress passes the Clayton Act, giving unions the right to strike.

**1911:**  
*Popular Culture/Other:* The Triangle Shirtwaist fire kills 146 workers, most of them young women, in a New York City sweatshop; management had kept fire exits locked.  
  
The White Star liner Titanic, proclaimed the largest and fastest liner in the world, is launched in Belfast.

**1915:**  
*World History:* The London Stock Exchange, which closed at the start of the war, reopens for trading.

**1917:**  
*World History:* The U.S. declares war on Germany. The Senate voted 90 to six in favor of the declaration.  
  
President Wilson signs the Selective Draft Act into law.  
  
Puerto Rico is made an official U.S. territory.  
  
*Popular Culture/Other:* New York State gives women the right to vote.  
  
The U.S. Immigration Act is passed, establishing literacy testing for new immigrants.  
  
Army recruitment posters featuring the now-famous depiction of Uncle Sam saying, "I Want You" are introduced.

**1918:**  
*World History:* The Armistice is signed. At 11 a.m. on November 11 hostilities cease on the Western Front.  
  
*Popular Culture/Other:* In an unprecedented contribution to the war effort women workers took over many traditionally male roles including window cleaning.  
  
The first school of public health is established in the U.S. at Johns Hopkins University.

**1919:**  
*World History:* The National Socialist German Workers' or Nazi Party is formed in Germany. Adolf Hitler is not among the first members.  
  
*Public Policy:* The 18th Amendment, establishing Prohibition, is ratified.

1900-1910

1910-1920

### 1920:

*SCI History:* Barracks purchased for \$2,500 from Camp Merritt, N.J. to give the wayfarers more suitable lodging.

*Popular Culture/Other:* American women get the vote for the first time. The 1920 presidential election is the first one open to them.

A new census report shows the urban population exceeds the rural population in the U.S.

### 1921:

*Popular Culture/Other:* Figures are published showing that there are now more than nine million automobiles in the United States.

Albert Einstein wins the Nobel Prize for Physics.

### 1922:

*Popular Culture/Other:* First radio commercial is broadcast by WEAJ in New York.

### 1923:

*World History:* In Germany inflation is out of control: \$1 will buy 1 million marks.

*Public Policy:* The National Woman's Party launches a national campaign for an equal rights amendment to the federal constitution.

Nevada and Montana become the first states to introduce retirement pensions.

### 1924:

*Popular Culture/Other:* First Macy's Thanksgiving Day parade is held in New York City.

There are 2.5 million radios in the U.S., up from 5,000 in 1920.

A basic Model T Ford sells for \$290.

### 1925:

*Popular Culture/Other:* 207 Americans have incomes of one million dollars or more; Seven Americans have incomes above five million.

### 1928:

*SCI History:* The Second Inn is opened in March 1928: Construction completed for the barracks at a cost of \$6,500, including the foundation. *Lamp Magazine* is used to solicit funds for the project.

*Medicine:* Alexander Fleming reports his discovery of the antibiotic penicillin, although little use will be made of it for years to come.

*Popular Culture/Other:* Ameila Earhart becomes the first woman to fly across the Atlantic.

Mickey Mouse makes his debut appearance in the Disney sound cartoon *Steamboat Willie*.

First color motion picture is demonstrated by George Eastman at Rochester, New York.

"The Zipper," the New York Times' moving electric sign, begins displaying news bulletins atop *The New York Times* building.

### 1929:

*SCI History:* The Great Depression's devastating effects were experienced at St. Christopher's Inn. Many more men were arriving for shelter and food. The men now were former professionals and blue collar workers who lost their jobs and self-respect. Losing job integrity and security for the future, the men needed guidance to get back their self-respect. The Friars were steadfast in offering spiritual encouragement as well as the daily needs of food and clothing.

*Popular Culture/Other:* Share prices begin to tumble on Wall Street. The day will become known as "Black Thursday."

October 24: It is "Black Thursday" on the New York Stock Exchange, as panic selling causes the market to collapse.

Shares fall sharply on the London Stock Exchange in reaction to the Wall Street crash.

November 13: Shares on Wall Street reach their lowest level. The Great Crash has blown away share value amounting to \$30 billion.

Consumer debt grows as Americans buy furniture and appliances on credit.

# 1920-1930



### 1927:

*Popular Culture/Other:* Charles Lindbergh arrives in Paris after the first solo flight across the Atlantic. When he returns to the United States, he is given a ticker-tape welcome in New York.

Holland Tunnel opens, linking New York and New Jersey.





### 1930:

*SCI History:* Fifty men were staying at Graymoor. Plans for a third Inn begin. Shack added for additional housing. In 1930 Fr. Paul increased the staff at the Inn. He placed Fr. Anselm Di Pasca S.A. in charge of The Second Inn and also brought on The Sisters of the Atonement. During Christmas of 1930 Fr. Anselm brought the seminarians down from St. John's College to entertain the men with a Christmas show. The tradition of giving something to the men started in 1911 by Fr. Paul, but Fr. Anselm's addition of the show began a tradition that continues today.

### 1931:

*SCI History:* Fr. Anselm Di Pasca, S.A. became the first director and took over Fr. Paul's oversight role.

*Popular Culture/Other:* At year's end, more than eight million Americans, nearly three million Britons and nearly six million Germans are unemployed.

2,294 banks fail in the United States.

### 1932:

*SCI History:* Addition added at back of Inn.

*Popular Culture/Other:* Unemployment in the United States now stands at 8.2 million.

Radio City Music Hall opens in New York's Rockefeller Center.

### 1934:

*Public Policy:* Joseph P. Kennedy appointed head of the Wall Street watchdog, the Securities and Exchange Commission.

*Medicine:* Group psychotherapy introduced by J.L. Moreno, M.D.

### 1935:

*SCI History:* "The *Ava Maria* Hour" radio show airing on 146 stations begins broadcasting from SCI bringing attention to The Inn and an additional work opportunity for the residents. Over one million pieces of mail were received and answered by Graymoor each year.

*Public Policy:* The American Medical Association passes a resolution declaring that "alcoholics are valid patients."

The Roosevelt administration sets up the Works Progress Administration, aimed at creating jobs for millions of the unemployed in public works projects.

President Roosevelt signs a Social Security Act, setting up a federal program of unemployment insurance, pensions and public health care for the needy.

U.S. National Labor Relations Act is signed.

*Popular Culture/Other:* Alcoholics Anonymous is founded by Bob Smith and Dr. Bill Wilson. Founding principle is genuine spiritual conversion of alcoholics leading to sustained recovery.

### 1933:

*SCI History:* Third Inn, April 1933. The foundations for the new Inn were begun in 1929 with final completion in April 1933 at a cost of \$6,000.

*World History:* Adolf Hitler proclaims the Third Reich.

Roosevelt is inaugurated as president and begins his "Hundred Days" of measures aimed at economic recovery.

*Public Policy:* Constitutional amendment repeals Prohibition.

Fiorella LaGuardia is sworn in as mayor of New York.

*Popular Culture/Other:* The country enters into the Depression. Banks are closed on FDR's orders.

### 1936:

*Popular Culture/Other:* Boulder Dam, completed on the Colorado River, creates Lake Mead, the largest reservoir in the world.

*Life* magazine begins publication.

### 1937:

*Public Policy:* Marijuana Tax Act passed, imposing a tax and extensive reporting requirements on the sale of marijuana.

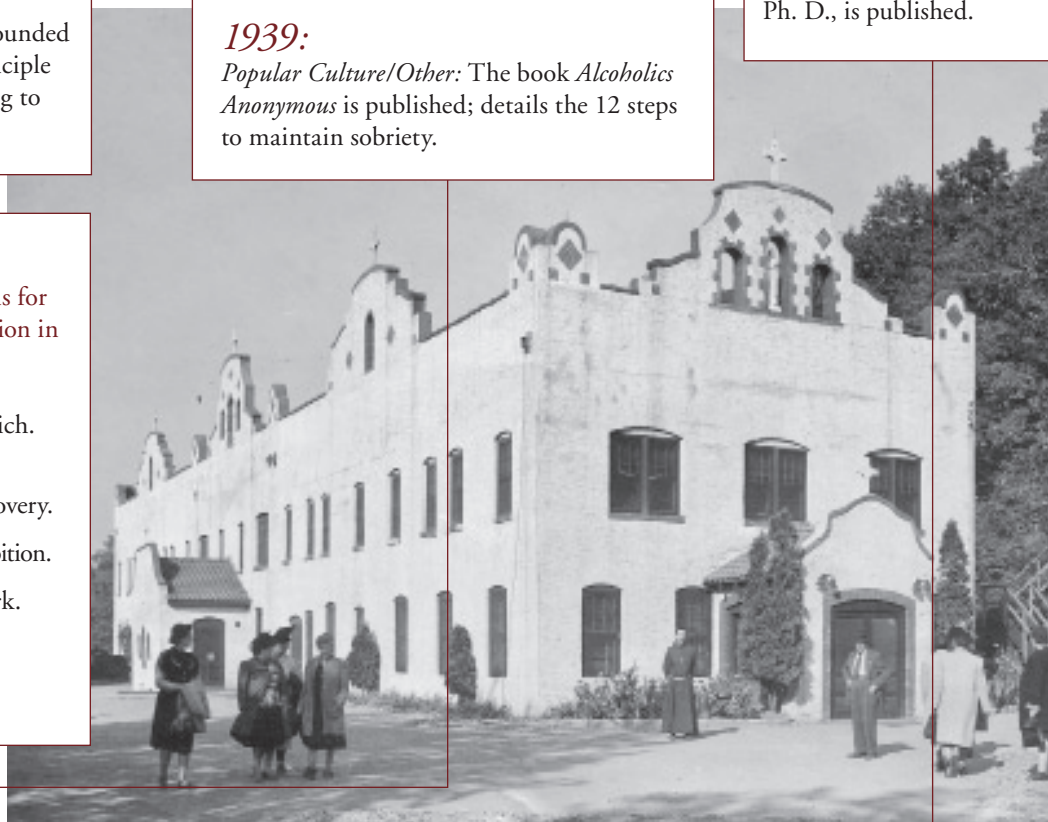
*Medicine:* Nation's first blood bank is established at Cook County Hospital in Chicago.

### 1938:

*Medicine:* Swiss chemist Albert Hoffman synthesizes LSD; ingests a small amount and reports on its hallucinogenic effects.

### 1939:

*Popular Culture/Other:* The book *Alcoholics Anonymous* is published; details the 12 steps to maintain sobriety.



### 1941

*World History:* The United States enters World War II on December 7 after the Japanese bomb Pearl Harbor.

### 1942:

*World History:* The murder of millions of people by the Nazis begins in Germany. By the end of the war more than six million people have been killed in the gas chambers.

*Publications:* *Counseling and Psychotherapy*, a nonjudgmental approach to therapy for mental health issues, by Carl Rogers, Ph. D., is published.

### 1944:

*Public Policy:* Marty Mann, the first female member of AA, establishes the National Council of Alcoholism and Drug Dependence (NCADD).

### 1945:

*World History:* The United States drops atomic bombs on Hiroshima and Nagasaki.

World War II ends.

### Late 1940s:

*Popular Culture/Other:* Narcotics Anonymous develops from AA model of spiritual principles.

### 1948:

*World History:* Indian nationalist leader Mohandas Gandhi is assassinated. The state of Israel is proclaimed. The People's Republic of China is proclaimed.

### 1949:

*Public Policy:* The National Institute of Mental Health (NIMH) is established

# 1930-1940

# 1940-1950

### 1950s:

*Public Policy:* The age of psychopharmacology sows the seeds of deinstitutionalization. Unable to organize their lives, find housing or work, many become homeless.

The shift from the institutional to a community practice of psychiatry expands the fields of psychiatric social work and nursing. Community psychiatry, which includes prevention, care, treatment and rehabilitation programs, grows.

*Medicine:* The first antidepressant drug, imipramine (Tofranil), is developed.

### 1951:

*Popular Culture/Other:* Al-Anon Family Group is started by Lois W. (Bill W's. wife) and Anne B. in Bedford Hills, New York.

### 1952:

*SCI History:* New wing added to The Inn and the old section is restyled to match the new.

In April *Look Magazine* featured an article on Graymoor, including an interview with one of SCI's residents.

### 1954:

*Popular Culture/Other:* Racial segregation is ruled unconstitutional in public schools by the U.S. Supreme Court.

### 1955:

*Medicine:* Tranquilizers (Miltown, Equanil) hit the market on a mass scale.

### 1959:

*SCI History:* Fifty Year Golden Jubilee of founding of The Inn. At this time more than 100,000 men have been served with clothes, food, shelter, whose only requirement for admission was their need.

### 1956:

*Public Policy:* Daniel Act increases penalties on use and sale of marijuana in response to widely held belief that marijuana is a gateway drug to heroin.

### 1960:

*SCI History:* AA meetings become a regular occurrence at The Inn. Seventy-five men attended the first meeting on April 25, 1960. The men also began presenting with dual addiction of alcohol and drugs.

### 1961:

*SCI History:* Matt Talbot Hall completed. This is the reception and processing center for the new arrivals.

*Popular Culture/Other:* It is reported that there are over 45,000 heroin addicts in the United States.

### 1963:

*Medicine:* Leo Sternbach, M.D., discovers the anti-anxiety drug diazepam (Valium).

*Popular Culture/Other:* Martin Luther King, Jr., delivers his famous "I have a dream" speech at the foot of the Lincoln Memorial in Washington, D.C., to celebrate the centennial of the Emancipation Proclamation. More than 200,000 Americans march to demonstrate civil rights support.

Congress votes to guarantee women equal pay for equal work, and feminist Betty Freidan publishes *The Feminine Mystique*, which argues that women suffer from discrimination and the illusion of self-fulfillment through their husbands.

### 1968:

*SCI History:* Basic counseling, referral and medical services initiated at The Inn.

*Popular Culture/Other:* U.S. tobacco industry has gross sales of \$88 billion. Americans smoke 544 billion cigarettes.

The Baby Boomers are now 70 million teenagers.

Crime rate soars to nine times the rate during the 1950's.

### 1965:

*Public Policy:* President Johnson leads Congress to amend the Social Security Act; creates Medicare, a health insurance program for the elderly and disabled.

### 1966:

*Public Policy:* Narcotics Addict Rehabilitation Act allows treatment as an alternative to jail.

### 1969:

*Movies:* *Days of Wine and Roses* (alcoholism; 1962); *Who's Afraid of Virginia Woolf?* (Alcoholism; 1966).



# 1950-1960

# 1960-1970



**1970s:**  
*Medicine:* Returning veterans from the Vietnam War present with a cluster of symptoms given the name post-traumatic stress disorder.

**1970:**  
*Public Policy:* Comprehensive Drug Abuse Prevention and Control Act passes, merging all drug laws and opening federally funded community treatment centers.

Comprehensive Alcohol Abuse and Alcoholism Prevention, Treatment and Rehabilitation Act passes. Provides a comprehensive federal program for the prevention of alcohol abuse and alcoholism and creates the National Institute on Alcohol Abuse and Alcoholism as part of the National Institute of Mental Health.

Controlled Substances Act passes, which provides the legal basis by which importation, possession, and distribution of drugs is regulated. Creates the five schedules (classifications) of drugs based on potential for abuse and addiction.

**1971:**  
*Public Policy:* President Richard Nixon officially declares “War on Drugs” and cites drugs as Public Enemy #1.

**1972:**  
*Popular Culture/Other:* Cocaine use dramatically increases and peaks in 1988.

**1973:**  
*SCI History:* Development of SCI Choir.

*Public Policy:* Drug Enforcement Administration created.

**1974:**  
*Public Policy:* National Institute on Drug Abuse established under the National Institute of Health for research on drug abuse and addiction.  
  
National Institute of Mental Health, National Institute of Alcohol Abuse and Alcoholism, and National Institute of Drug Abuse joins the Alcohol, Drug Abuse and Mental Health Administration as co-equals.

**1978:**  
*Popular Culture/Other:* Narcotics Anonymous has 200 registered groups in three countries.

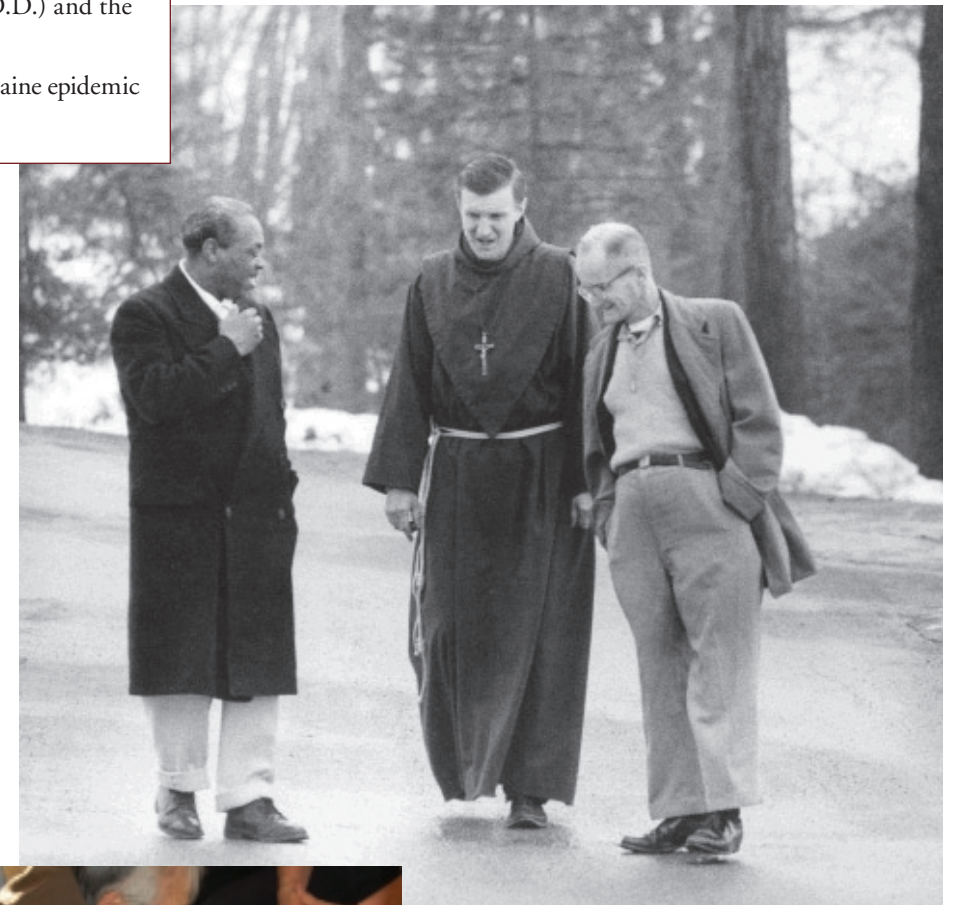
**1980s:**  
*Public Policy:* Alcohol and drug education expands with movements such as Mothers Against Drunk Driving (M.A.D.D.) and the “Just Say No” campaign.  
  
*Popular Culture/Other:* Crack cocaine epidemic in urban areas.

**1980:**  
*Public Policy:* Drug Abuse Prevention, Treatment and Rehabilitation Amendments enacted to extend community programs.

**1984:**  
*Public Policy:* Drug Offenders Acts created special treatment programs for offenders.

**1986:**  
*Public Policy:* Anti-Drug Abuse Act establishes The Office of National Drug Control Policy as an oversight office for research and policy. Mandatory minimum sentences for possession and abuse of illegal drugs.

**1989:**  
*World History:* On November 10, thousands of Berliners took part in taking down the Berlin Wall that had divided the city for 27 years. The former Communist east and the west are officially united the following year.  
  
*Movies:* *My Name is Bill W.* (alcoholism; TV)



1970-1980

1980-1990



**1990s:**

*Public Policy:* AIDS emerges as the most critical medical and social issue in the modern generation

**1990:**

*Popular Culture/Other:* Drinking age of 21 is adopted nationwide.

**1991:**

*SCI History:* Mission statement for St. Christopher's Inn approved by the General Council. Under the direction of Brother Gregory Lucrezia, S.A., a \$5.5 million expansion and renovation was begun. Completed in 1993, the project provided much needed dormitory space, including counseling rooms and separate rooms for the Friars.

**1992:**

*Public Policy:* The Substance Abuse and Mental Health Services Administration, part of the Department of Health and Human Services, is created as a services agency to focus attention, programs, and funding on improving the lives of people at risk for mental and substance abuse disorders.

**1993:**

*SCI History:* Fourth Inn, October 1993: The \$5.5 million dollar expansion and reconstruction is completed with dedication on St. Francis Day.

Fr. Bernard Palka, S.A. is named director. Under his leadership The Inn moves to the forefront of fighting the challenges of chemical dependency.

*Public Policy:* Director of The Office of National Drug Control Policy elevated to Cabinet-level position.

**1995:**

*SCI History:* Russians visiting treatment facilities throughout the United States in the hope of finding effective alternatives to treat their problems with alcoholism. The Inn is asked to partner with their treatment facility in St. Petersburg, Russia called The House of Hope.

That Nothing Be Lost Thrift Shop opens in an old auditorium on the grounds of Graymoor. Within a year, the thrift shop moves to its own quarters in a fieldstone building across from SCI.

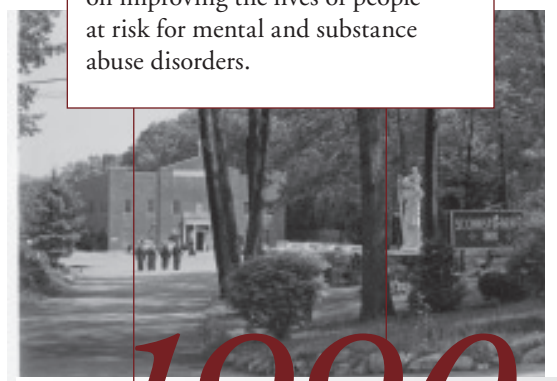
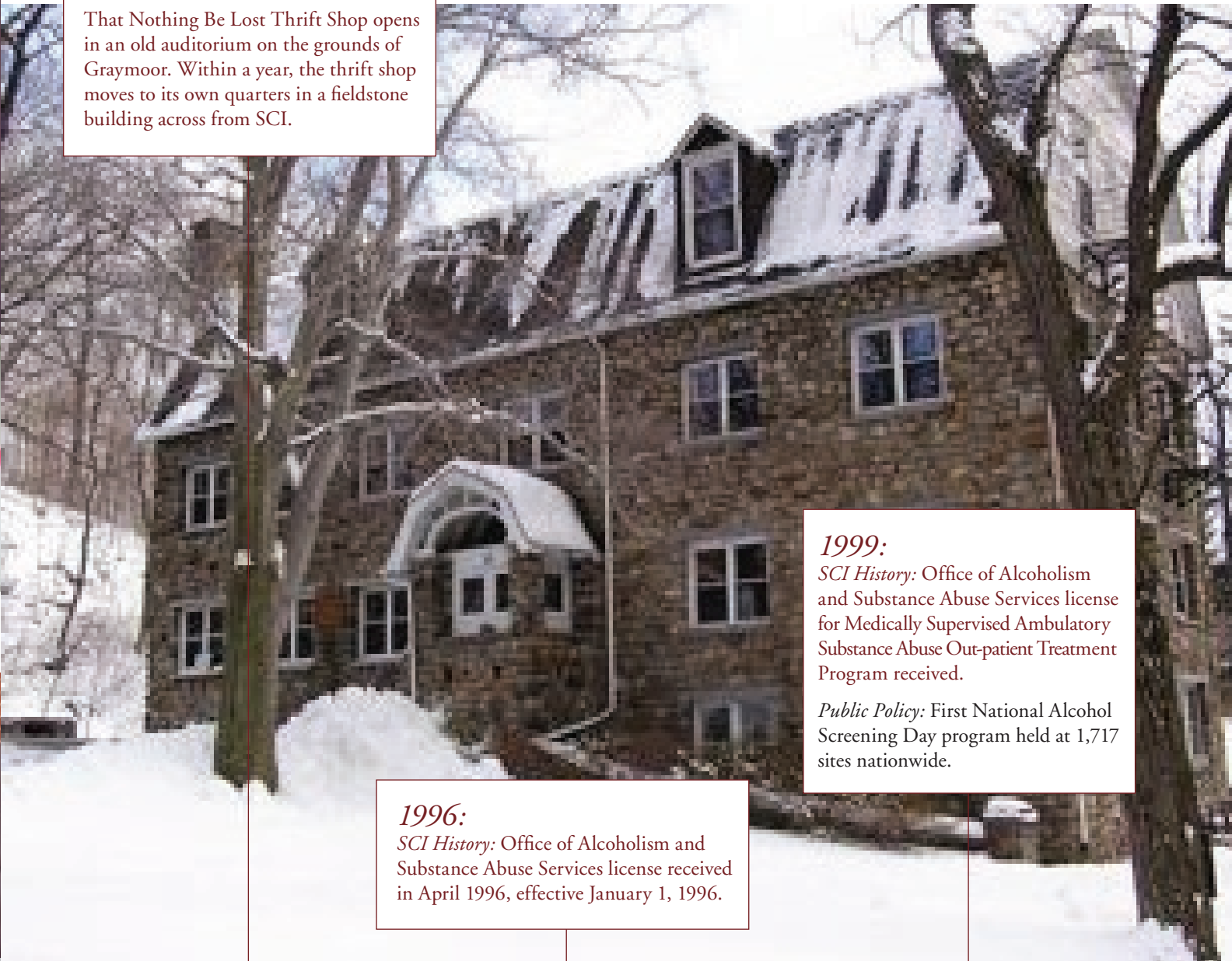
**1999:**

*SCI History:* Office of Alcoholism and Substance Abuse Services license for Medically Supervised Ambulatory Substance Abuse Out-patient Treatment Program received.

*Public Policy:* First National Alcohol Screening Day program held at 1,717 sites nationwide.

**1996:**

*SCI History:* Office of Alcoholism and Substance Abuse Services license received in April 1996, effective January 1, 1996.



1990-2000



**2000s:**

*Popular Culture/Other:* Use of methamphetamines increases.

**2000:**

*SCI History:* Article 28 license received from DOH for Diagnostic and Treatment Center Services, (retroactive to December 16, 1999.) Board of Directors established for St. Christopher's Inn.

**2001:**

*Popular Culture/Other:* September 11, 2001, terrorists attack the United States.

**2002:**

*Public Policy:* In one of the most important rulings on the issue of affirmative action in 25 years, the Supreme Court decisively upholds the right of affirmative action in higher education.

**2003:**

*SCI History:* The Outpatient Evening Clinic opens to men and women in the community.

**2004:**

*World History:* On December 26, a massive earthquake near the island of Sumatra sparked a wave of deadly tsunamis, causing one of the worst natural disasters in living memory.

**2005:**

*World History:* Hurricane Katrina first made landfall on August 29 along the Central Gulf Coast of Louisiana as a Category four storm. Over a million people were displaced — a humanitarian crisis on a scale unseen in the U.S. since the Great Depression.

*Popular Culture/Other:* Narcotics Anonymous has 21,500 registered groups in 116 countries.

Al-Anon has 26,000 groups nationwide.

**2007:**

*SCI History:* Commissioner of the New York State Office of Alcoholism and Substance Abuse Services Karen Carpenter-Palumbo, visits The Inn as part of an addiction counselor wellness workshop sponsored by The Hudson Valley-Catskill Coalition of Alcoholism and Substance Providers. Ms. Carpenter-Palumbo speaks of the work that needs to be done to best serve the 1.8 million New Yorkers needing care for drug and alcohol addiction.

Best selling authors Mary Higgins Clark and Carol Higgins Clark are the guests of honor during "An Afternoon of Intrigue" luncheon and book signing to raise funds for The Inn.

Commemorating 100 years of hope and compassion The Inn begins building a Centennial Brick Walk to celebrate and give thanks to all the significant people who have blessed and touched our lives. Mr. Scott Clark, WABC Sports Director and Anchor was the recipient of The Inn's first brick due to his outstanding service to those in recovery.

**2008:**

*SCI History:* Eighty-three percent of SCI staff with caseloads are certified as Qualified Health Professionals.

Four new treatment programs are added at The Inn. Our partnership with Project Renewal improves the utilization of beds, while adding clients to our day rehab, outpatient clinic and evening programs.

The National Council on Alcoholism and Drug Dependence of Westchester honors Fr. Bernard Palka, S.A., President and CEO of The Inn for his leadership and dedication to chemical dependency treatment and care.

**2009:**

*SCI History:* St. Christopher's Inn celebrates its centennial while continuing to foster its living mission, "We have been called to heal wounds, to unite what has fallen apart, and to bring home those who have lost their way."



*2000-present*





Top: V. Rev. James Puglisi, S.A.  
Bottom: Linda Marshall  
& Nicole Littrean



Fr. Bernie Palka, S.A., Marianne Taylor-Rhoades, Nick Petruzzi,  
Gov. George E. Pataki and Fr. Bill Drobach, S.A.



Top: Charles Townsend  
Bottom: Fr. Wilfred Tyrell, S.A.  
& June Sleep



Tuesday, May 12, 2009

Governor George E. and Mrs. Libby Pataki  
*Honorary Dinner Chairs*

welcome you  
to the

St. Christopher's Inn  
Centennial Dinner

*Honoring*

**CHARLES H. TOWNSEND**  
*President & CEO  
Condé Nast Publications*

and

**BROTHER GREGORY LUCREZIA, S.A.**  
*Secretary General  
Franciscan Friars of the Atonement*

*Master of Ceremonies*

**Scott Clark**  
*WABC Sports Director and Anchor*



# CENTENNIAL CELEBRATION

## CENTENNIAL DINNER COMMITTEE

Governor George E. and Mrs. Pataki  
*Honorary Dinner Chairs*

Mrs. Joan Sheridan LaBarge  
*Chairperson*

Mrs. Mary de Barros  
Rev. William Drobach, S.A.  
Mr. Donald Ehman  
Mr. Michael Elms

Mr. Anthony Gallicchio  
Mrs. Celia Novo  
Fr. Bernard Palka, S.A.  
Mrs. Marianne Taylor-Rhoades





# Centennial Dinner

CENTENNIAL CELEBRATION  
MAY 12, 2009

On May 12th, 2009 in midtown Manhattan, New York City, St. Christopher's Inn celebrated its 100th Anniversary with over 250 people in attendance at a beautiful and festive dinner.

V. Rev James F. Puglisi, S.A., Minister General of the Franciscan Friars of the Atonement, warmly welcomed all the Guests and Honorees and blessed the meal and the evening. Michael Elms, Chair of St. Christopher's Inn Board of Directors and CFO of Rolex USA, shared the enthusiasm and excitement of the Board at reaching this milestone in the history of St. Christopher's Inn.

The Honorees for the Centennial Dinner were Charles H. Townsend, President/CEO of Conde Nast Publications and Bro. Gregory Lucrezia, S.A., former Director of St. Christopher's Inn and Secretary General of the Franciscan Friars of the Atonement. Both Honorees spoke eloquently about their concern and commitment for the homeless and those suffering from alcoholism and substance abuse.

John H., an alumnus of St. Christopher's Inn, who has been clean and sober for almost 30 years, was the Guest Speaker at the dinner and shared about his experience at St. Christopher's Inn and how this started him on the road to recovery. He expressed his gratitude to the Friars of the Atonement and the Benefactors of St. Christopher's Inn

by saying, "I am here today clean and sober because of the kindness, the caring and the compassion shown to me almost 30 years ago. I am forever grateful and remember daily that you gave me this opportunity for a new life."

Gov. George E. & Mrs. Libby Pataki were the Honorary Chairs for the Centennial Dinner. The Pataki's have been wonderful friends and neighbors of the Friars and St. Christopher's Inn for many years. Scott Clark, WABC Sports Director and Anchor, was the Master of Ceremonies for the evening's festivities. Scott truly holds the Inn in high regard for the hope, help and healing it provides to so many who have lost their way. Attendees at the dinner came from as far away as Arizona, California, Canada, Monterrey, Mexico, and Rome, Italy.

The evening and the celebration were a truly blessed experience for everyone who was fortunate enough to attend. It was an experience I will never forget!

What is true today – as it was 100 years ago – is that the generosity and support of our Benefactors makes the life-saving ministry of St. Christopher's Inn possible. I am certain there is a special place in God's mercy for all those who, as their means allows, make sacrifices to help those in need. Thank you for the past 100 years and my prayer is that you will be with us for the next 100 years!



Governor & Mrs. George E. Pataki



Mr. & Mrs. Charles Townsend



Nick Petruzzi, Loretta Zingone  
& Fr. Tom Zurcher, C.S.C.



Mr. & Mrs. Charles Townsend, Libby Pataki  
& Fr. Bernie Palka, S.A.



Mary de Barros &  
Fr. Bernie Palka, S.A.



Charles Townsend  
& John Bellando



Michael Elms & Charles Townsend



Nichole Littrean &  
Br. Gregory Lucrezia, S.A.



Grace Sabino  
& Elaine Taylor



Michael Elms, Walter Fischer, Valorie Mastronardi  
& Fr. Bernie Palka, S.A.



Marianne Taylor-Rhoades  
& Valerie Mastronardi



Fr. Bernie Palka, S.A.,  
Laurel McCullagh &  
Fr. Bill Drobach, S.A.



Fr. Bernie Palka, S.A. with Gov. & Mrs. George E. Pataki



Mr. & Mrs. John Drobach



# From the Old to the New



ST. CHRISTOPHER’S INN



1909



1928



THE PRESENT



1933



1952





# Testimonials



*“My family is back in my life.”*

*“I owe everybody here my life!”*

*“During my stay I learned so much about myself that I cannot specify one goal, but learning who I am and learning that I don’t need alcohol were very important.”*

*“Learned to be open, honest and willing to fight for my recovery.”*

*“St. Christopher’s Inn was truly an enriching experience for me. Every aspect of the program had a reason. There are some truly amazing people here. I felt part of a family from counselors and staff to cooks in the kitchen. I met a lot of wonderful people and friends I’d like to stay in touch with. I felt gratitude for what I was allowed to do and what was given to me.”*

*“I didn’t believe in anything and now people here have given me faith in myself and life.”*

*“I learned to love myself and with that my self-esteem rose.”*

*“How does one who has received so much from people who ask for nothing in return say goodbye? How do you say goodbye to people who held you when you cried, and emotionally walked you through the endless days when you could not do it yourself, and never once judged you or criticized you? Who just loved him until he learned how to love himself again? I do not have an answer to this.”*

*“I’m still learning about myself everyday. My foundation continues to become stronger everyday and I hold what I discovered about myself on that mountain in my newly opened heart.”*

*“I am now a man of action and I believe in myself and my potential. My life is the most important thing to me and I do feel worthy of love and respect.”*

*“I want to thank you for granting me a scholarship. My disease has taken so much from me. It took my loved ones; it took my career; it took my values; it took me to death’s door and left me there alone. The most important thing that it took was my soul; it left me as a broken man. A shell of who I once was. I may be alone writing you this letter, but I am not alone. I am surrounded by people who genuinely care. By giving me the scholarship, you have given me hope. Hope that I have a chance at living a normal life and regaining the person I once was. Thank you for your compassion to an alcoholic in need.”*

*“I was literally in the pits of hell and you reached down, unafraid of burning your own arms, and pulled me out. How can I thank you for that?”*

*“I dropped my eighteen-year old son Michael off at The Inn. He was angry, apathetic, addicted and full of self-loathing. Today, when I picked him up I had my “old” Michael back. I haven’t seen him so happy and excited in many years. He has a long road ahead but now he’s looking forward to a bright future thanks to all at St. Christopher’s.”*

*“St. Christopher’s has shown me a new way of life, all my needs were met and more. To all the staff—thank you.”*

*“I feel this program is an ideal program. This is the first re-hab I’ve ever completed and I feel that this one is outstanding by far to any I’ve heard of and/or experienced. I thank the staff and Friars.”*

*“I would recommend St. Christopher’s Inn to those who want the help. I wish I knew this place existed a few years ago. My brother could have still been alive today. He had the same problems I had, alcohol and drugs.”*

*“I owe my counselor Fr. Bill a great deal. Dealing with issues I never wanted to talk about.”*

*“I want to thank my supervisor Paul, and of course, the Friars for allowing me to stay in their house and Br. Charles and Fr. Bernie.”*

*“I am grateful to one and all. I made lasting friendships and will carry all my peers and the staff, along with the Friars, all in my heart.”*

*“A Jewish kid finding and being comfortable with this concept of God is amazing. The gates opened up for me. I find this truly amazing.”*

*“The love, caring and compassion of the staff speaks for itself. The fact that the Friars and staff chose this vocation blows me away – thank you!”*

*“This is an excellent program; I only wish I had more time to take a greater advantage of what it has to offer. I’ve been through a few facilities and I am taking more with me from this one than all the others combined.”*

*“I have been in over 10 treatments, rehabs and detoxes and St. Christopher’s Inn is the best one by far. The level of care and commitment is the best. I can’t begin to tell you how much help I got from staff and Friars. May God bless all of you.”*





SCI staff preparing to send Centennial Dinner invitations



Laurel McCullagh, Kieran H. & John B.



Paula Santacroce, Amy Sucich & Stephanie Furst



Patrick Lawlor, Rob Morea & John Harvey



Fr. Charles Sharon, S.A., Scott Clark,  
& Br. Gregory Lucrezia, S.A.



Fr. Bill honored at St. Christopher's Inn  
Golf Tournament, 6-9-09



Nick Petruzzi, Marianne Taylor-Rhoades  
with Michael Elms,  
Chairman of the Board



Mary Anne Fielding & John McKechnie

THANK YOU TO THE STAFF AND THE FRIARS  
OF ST. CHRISTOPHER'S INN.  
BECAUSE OF YOUR HARD WORK & DEDICATION,  
WE HAVE ACHIEVED THESE RESULTS:

**73%** of 1,113 clients that were tracked 3 months  
after completing treatment at SCI were sober and drug free.

**50%** of our clients were either in school or  
employed 12 months after leaving SCI.

**51%** of our clients continued some form of therapy  
or successfully graduated from treatment six months  
after leaving SCI.

**66%** of admissions to SCI in 2008 entered into  
treatment to address their Chemical Dependency.

**50%** completion rate in our Smoking Cessation  
Program, (at least four weeks smoke free).



David Gerber, Rebecca Hawkins &  
Amy Sucich



Fr. Bernie and Mark Higgins Clark

# THANKS TO THE FRIARS, STAFF



Georganne Dotto, Joanne Winters, Br. Benedict Terasawa, S.A. & Loretta Zingone



Wayne Rhoades, Martha Levy & Fr. Bill Drobach, S.A.

# AND FRIENDS OF SCI!



Donna Trezza, Andy Mannetta & Michael Boccia



Bill Gage & Kate Daly



Staff entertaining the Residents for Halloween



# Our Russian Interns

## IIAET INTERNS 2009

In 1995 Eugene Zubkov and Lou Bantel, as part of the “IIAET”, International Institute of Alcohol Education and Training, visited St. Christopher’s Inn seeking a model for their treatment program at the “House of Hope” in St. Petersburg Russia. After visiting the Inn the men were convinced SCI’s methodology was the model they would emulate in their own program. Since 1996 new Russian counselors have traveled to SCI to study and

observe our treatment programs. Twice a year, a different group of four arrives at the Inn to spend 4 weeks. Alexander, (Sasha), Alexandrov, accompanies the groups as their English interpreter. This year the group included: Yulia Niloaeva, Family Counselor, Irina Dadov, and Fr. Alexander Gavrilov and Sasha Alexandrov. Fr. Bernie Palka, CEO of SCI also visits the House of Hope bi-annually as a consultant to their treatment program.



Yulia Niloaeva, Family Counselor, Irina Dadov, Fr. Alexander Gavrilov & Sasha Alexandrov

# Planning Day



## ANNUAL BOARD OF DIRECTORS PLANNING DAY—SEPTEMBER 11, 2009

Every September the Board of Directors meets at St. Christopher’s Inn for a full day’s retreat. The purpose of this day is to review our mission, progress and goals in response to our strategic plan. This year the Board’s Planning Day was held on Friday, September 11th. It was a special planning day for all who took part, especially our five newest Board Members. Like the changing of the guard the torch was passed on and new ideas were explored as we continued to build upon our strategic plan for the future. The St. Christopher’s Inn Lay Board of Directors was formed in 2000. We want to thank three of the original Board Members whose terms expired this September for their commitment and dedication to the mission; Mary de Barros, James Kucharzyk, and Ken Singleton. To those who came after and have served the Inn during this past three years, we give our thanks to Christopher Singleton, Arthur Ross and Joan Sheridan

Labarge. We are grateful to all of the founding members who began their term in 2000 and have contributed so much to making the Inn what it is today. This being our Centennial Year truly brought about a special energy to the Board Planning Day. Michael Elms, our Board Chair encouraged our newest members to ask questions, to be involved, and to understand not only the Mission of the Inn but its history and Core Values. We proudly welcome our newest Board Members: Mark Goldberg, Rolex, USA; Denise McInntee, Powerful Radio Productions; Robert Okulski, Gibney, Anthony & Flaherty, LLP; Harlan Patterson, L-3 Advanced Laser Systems Technology; Charles Townsend, Conde Nast Publications; and Patrick Vatel, BNY Mellon Asset Servicing. St. Christopher’s Inn is fortunate to have the guidance and commitment of the entire Board of Directors.



SCI 2009 Board of Directors Planning Day



# What a Day for Golf!

## CENTENNIAL GOLF CLASSIC SEPTEMBER 14, 2009

Over the last century, St. Christopher's Inn has helped tens of thousands of men to change their lives. The Inn will never give up on its commitment to heal the minds, bodies and spirits of fathers, brothers and sons who have lost their way. That is why so many people joined us on September 14th, 2009 to play golf and to support the mission of the Inn.

The St. Christopher's Inn Centennial Golf Classic marked the 1st of an Annual Event to take place. The day was glorious! We were surrounded by breathtaking scenery of the Hudson Valley, perfect weather and blue skies, along with spectacular views of the Hudson River and West Point. The course was The Garrison Golf Club in Garrison, New York, an 18 hole, par 72 championship

golf course. The day started with a Continental Breakfast, then off to a Shotgun Start. The special attractions of the day included a "Hole in One", "Longest Drive Contest", "Closest to the Pin Contest" and "Putting Contest". What excitement at hole 14 as James Mullin sunk the "Hole in One". Scott Clark, WABC Sports Director and Anchor, was in attendance demonstrating his support of the Inn and joining a foursome of great golfers.

The day concluded with a barbeque buffet and awards. Everyone was a winner having experienced good company, superb weather, and having taken part in a day of charity and unity in support of St. Christopher's Inn. Please join the fun next year for the St. Christopher's Inn 2nd Annual Golf Classic.



Fr. Bernie with Hawthorne House Foursome



A View from the Garrison Golf Club



Gordon Fine, Lisa Fine, Andy Bale & Michael Grean



Fr. Bill Drobach, S.A., & Alex R.

# Recovery Rally



## NEW YORK STATE'S RECOVERY RALLY SEPTEMBER 12, 2009

St. Christopher's Inn walked among the proud in support of those in Recovery. Staff and residents carried our banner across the Brooklyn Bridge amongst other providers, family members and people in recovery. Approximately 10,000 were in the crowd spreading the word and dispelling the stigma of addiction. The experience was one of a kind with recovery supporters being waved on by state officials.

Governor David Paterson stood before the thousands at Cadman Plaza to show our state's commitment to recovery. New York State's Commissioner of the Office of Alcohol and Substance Abuse Services,

Karen Carpenter-Palumbo was on hand as well cheering on the crowd with her wonderful enthusiasm. Smokey Robinson performed a free concert to celebrate the gift of recovery and Scott Clark joined the activities in support of recovery.

What a spectacular day it was for our residents to witness so many lives that were affected by addiction and now walk with hope and strength in recovery.

The A & E Television Network was the main supporter and did an incredible job at coordinating this event. We are grateful to A & E for sponsoring two buses to transport our residents and staff from St. Christopher's Inn.



Recovery Rally 2009



# We Grow Hope

## FARM MARKET STAND COLLABORATION WITH PROJECT RENEWAL MARCH, 2008

In March 2008, Project Renewal partnered with St. Christopher’s Inn to operate a transitional housing and vocational program for homeless men in recovery from chemical dependency and alcoholism. One of the very unique aspects of this program is the operation of a small organic farm and greenhouse on land provided by The Garrison Golf Course. At Renewal Farm, the men are helped to nurture their own lives while cultivating healthy, wholesome organic greens, vegetables, herbs and flowers. While helping to operate the farm the men learn how to maintain their sobriety, develop employable skills, good work habits and obtain jobs and housing.

In collaboration with St. Christopher’s Inn at Graymoor in Garrison, NY, Renewal Farm, is a six to nine month work-training and treatment program for 24 homeless men in recovery from substance abuse who are struggling to rebuild their lives. Organized around

running an organic farm and retail business, the program provides vocational training for men in marketable skills. Along with the vocation component, the men participate in St. Christopher’s Inn Day Rehabilitation Program or Evening Clinic depending on their phase of treatment.

Renewal Farm sells freshly picked herbs and vegetables to local restaurants. Additionally, the public is able to enjoy the wonderful organic produce grown at Renewal Farm, while supporting the men. Each Friday, during the growing season, a farm stand will be set-up in front of the St. Christopher’s Inn That-Nothing-Be-Lost Thrift Shop. The stand will be open from 10:00 am until 3:00 pm and offer a range of organically grown seasonal produce including luscious lettuce, peppery arugula, vitamin rich greens and fragrant annual and perennial herbs. As the season progresses summer squash, tomatoes, flowers and other delicious vegetables will be available.



Watering



Farmland



Fr. Bill Drobach, S.A., Scott Clark & Fr. Bernie Palka, S.A.



Brickwalk Under Construction

## EVOLUTION OF THE CENTENNIAL BRICK WALK & GARDEN

St Christopher’s Inn is building its Centennial Celebration Brick Walk & Garden one brick at a time. Every brick purchased will celebrate a special occasion or remember a loved one. Each brick will be visible to every person who visits St. Christopher’s Inn. A wall is also being constructed to prominently display larger memorial requests. The Brick Walk and Garden will be a celebration of life, and a quiet, tranquil place to visit. We cannot wait for the construction to be completed. We look forward to our Ribbon Cutting Ceremony in 2010. For more information or to purchase a brick please contact Fr. Bill Drobach, S.A.: 845 335-1013 or by e-mail: [bdrobach@atonementfriars.org](mailto:bdrobach@atonementfriars.org).



Colin Ross & Rodger Cherico



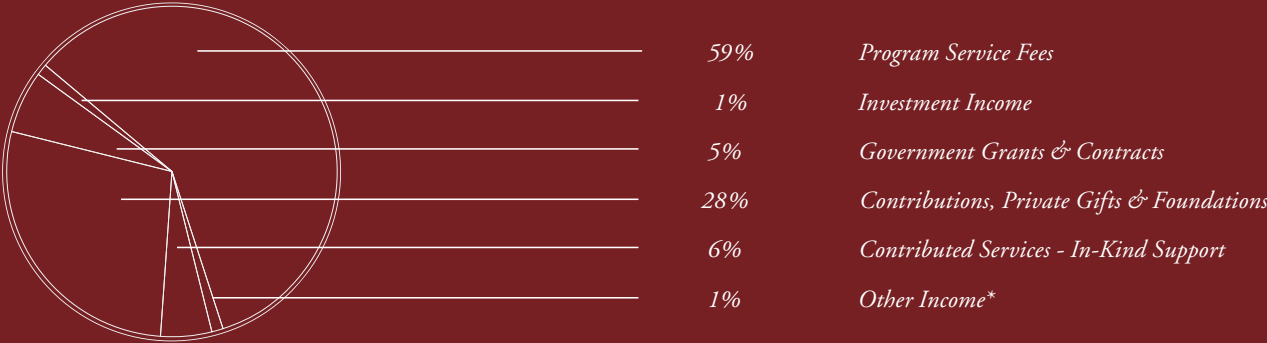
Don Ehman, Vernon Manley, Fr. Bill Drobach, S.A.,  
Fr. Bernie Palka, S.A. & Scott Clark

# Financial Statement

ST. CHRISTOPHER’S INN, INC.		
STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS		
YEARS ENDED DECEMBER 31, 2008 AND 2007		
	2008	2007
SUPPORT AND REVENUE		
Program service fees	\$4,947,169	\$4,449,812
Government grants and contract	428,506	566,344
Contributions, private gifts and foundations	2,345,751	1,950,000
Contributed services – In kind Support	484,000	624,000
Investment income	94,079	106,120
Other income	82,582	143,356
Total revenue	\$8,382,087	\$7,839,632
EXPENSES		
Shelter program for homeless men	2,968,411	2,785,775
Medical Services	1,278,216	1,217,650
Outpatient Clinic Program	2,307,102	1,814,447
Administration	700,887	763,216
Fundraising	395,991	152,808
Total expenses	\$7,650,607	\$6,733,896
Change in Net Assets	\$731,480	\$1,105,736
NET ASSETS AT THE BEGINNING OF YEAR	\$5,422,317	\$4,316,581
NET ASSETS AT THE END OF YEAR	\$6,153,797	\$5,422,317

DECEMBER 31, 2008

ST. CHRISTOPHERS INN REVENUE & SUPPORT

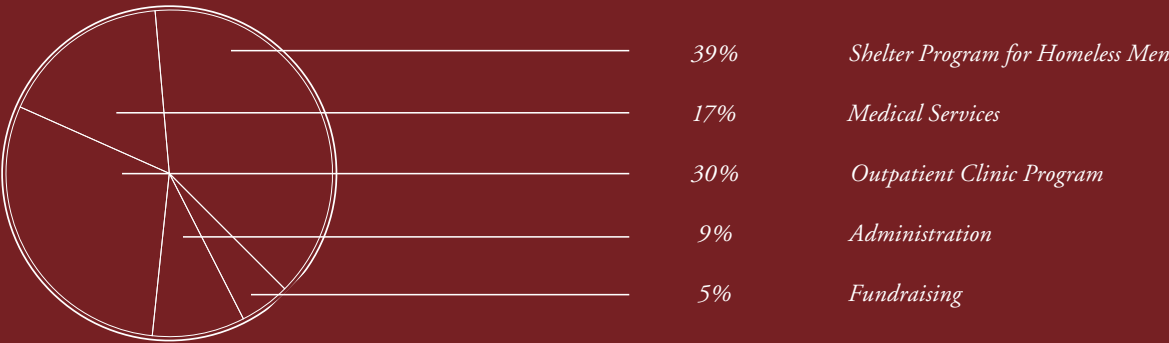


# Financial Statement (continued)

ST. CHRISTOPHER’S INN, INC.		
BALANCE SHEET		
YEARS ENDED DECEMBER 31, 2008 AND 2007		
	2008	2007
ASSETS		
Cash and cash equivalents	\$4,117,227	\$3,353,705
Accounts receivable, net of allowance for doubtful accounts of \$215,544 in 2008 and \$202,000 in 2007	962,574	885,712
Contributions and grants receivable	237,450	530,774
Prepaid expenses and other assets	288,640	354,191
Property and equipment, (net)	1,036,326	1,067,161
Total assets	\$6,642,217	\$6,191,543
LIABILITIES AND NET ASSETS		
Accounts payable and accrued expenses	\$480,270	\$470,245
Due to Friars of the Atonement, Inc.	8,150	298,981
Total liabilities	488,420	769,226
NET ASSETS		
Unrestricted	\$5,923,226	\$5,188,896
Temporarily restricted net assets	230,571	233,421
TOTAL NET ASSETS	\$6,153,797	\$5,422,317
TOTAL LIABILITIES AND NET ASSETS	\$6,642,217	\$6,191,543

DECEMBER 31, 2008

ST. CHRISTOPHERS INN PROGRAM COSTS





# ST. CHRISTOPHER'S INN

## MINISTRY OF THE FRIARS OF ATONEMENT



ST. CHRISTOPHER'S INN  
21 FRANCISCAN WAY - GRAYMOOR - GARRISON, NY 10524  
*[www.stchristophersinn-graymoor.org](http://www.stchristophersinn-graymoor.org)*

### *Shelter Services*

Licensed by the NYS  
Department of Social Services  
Room and Board  
Case Management  
Discharge Planning  
Pastoral Counseling  
Self-Help Meetings

Discharge Planning  
Creative Arts Therapy  
Dialectical Behavior Therapy  
GED Preparation  
Vocational Assistance  
Yoga  
Smoking Cessation

### *Alcohol and Drug Treatment Services*

Day Rehabilitation Program  
Clinic Module and Evening Clinic  
Licensed by NYS OASAS  
Individual and Group Therapy  
Relapse Prevention  
Family Counseling Services  
MICA Treatment Services  
Psychodrama  
Acupuncture  
Individualized Treatment &

### *Medical Services*

Article 28 Clinic licensed by NYS  
Department of Health  
Primary Care Services  
Ambulatory Detoxification  
Comprehensive Physical Exams  
Psychiatric Evaluations  
Health Education  
Medication Management  
Chemical Dependency Assessments  
HIV Testing and Referrals  
Nutritional Guidance



RESIDENTIAL SHELTER & SUBSTANCE ABUSE TREATMENT CENTER  
- SINCE 1909 -

*2008-2009 Annual Report provided through the generosity of Rolex Watch U.S.A., Inc.*