

### 2012 ANNUAL REPORT

Celebrating Over 100 Years of Caring

A Ministry of the Franciscan Friars of the Atonement

# ‡ Our Mission ‡

THE WORDS OF ST. FRANCIS OF ASSISI BRING TO LIFE
OUR MISSION AND OUR CHALLENGE:

We have been called to heal wounds, to unite what has fallen apart, and to bring home those who have lost their way.

St. Christopher's Inn, a ministry of the Franciscan Friars of the Atonement, is a temporary homeless shelter dedicated to the rehabilitation of men in crisis whom we call "Brothers Christopher." Our mission is to offer a continuum of quality health care services that facilitate physical, emotional, and spiritual healing by providing Chemical Dependency Treatment, Primary Health Care, and Temporary Housing. We strive to restore the personal dignity of each individual by utilizing a holistic approach in all our programs. No one is ever turned away because of race, religion, or the ability to pay.

"This month four years ago I entered SCI. I had lost everything--my family, job, home, cars, friends and even myself. I WAS A LOST SOUL. WITH THE HELP OF ALL AT SCI, I am clean and sober four years now and all I lost due to my addiction has come back. Fr. Bill, Sister Theresa, every one on the staff, you are all life-changers."



The key phrase in this quote is "with the help of ALL at SCI." While the Friars and Staff guide these men to hope and recovery through the treatment programs at St. Christopher's Inn, restoring families, repairing relationships, re-establishing careers, returning dignity--none of this would be possible without your generous support. The disease of addiction is growing rapidly among our communities, with so much added pressure to perform socially, professionally, personally and financially, leading to drug use, addiction, and often times, homelessness. Over the next few pages you will see how your support is helping St. Christopher's Inn save lives by treating men holistically, meeting all their basic needs—food, shelter, clothing, love—teaching every man that he is "worthy of love and respect."

Thank you. Fr. Bill Drobach, SA and the SCI Staff

Nick Petruzzi, CFO; Marianne Taylor-Rhoades, COO; Fr. Bill Drobach, SA, President & CEO



SCI Management Team



SCI Staff

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## ‡ Admissions

"I feel that a

"I feel that all that is done here is to help us feel at home. Our needs are met so that we can focus on recovery."

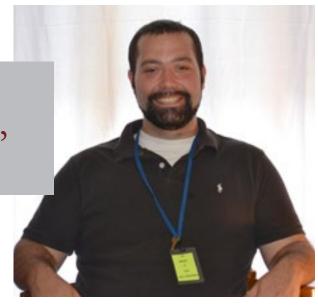
When a new admission arrives at St. Christopher's Inn, he is greeted by an Admission Clerk and fellow Brother Christopher, and all of his immediate needs are met—food, clothing, medical attention, and acceptance. Only then is he free to focus on his addiction and recovery at St. Christopher's Inn.

"Being admitted was like being welcomed to a family member's home."

FACT: In 2012, 877 men were admitted into the Drug and Alcohol Treatment Services at St. Christopher's Inn.

‡ Assessments

"I always feel safe and accepted here."



"Excellent staff that treated me with the utmost respect."

FACT: 2,193 client assessments were completed in 2012.

The level-of-care assessment process at St. Christopher's Inn consists of three primary parts, including a one-to-one meeting with a member of the counseling management team. In addition, clients in need are assessed medically, psychiatri-

cally and for the Smoking Cessation Program. This comprehensive assessment helps the staff understand each client, their individual needs, and assists them in planning for effective treatment during their stay at St. Christopher's Inn.

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## **‡** Scholarships

Living with the disease of addiction often means living without everything else, including any means of getting help to find a way out of the spiral. At St. Christopher's Inn, scholarships for treatment are reserved for men who show a serious commitment to doing the difficult work required for a life in recovery. Clients must submit an essay explaining why they are requesting a scholarship for treatment, which is reviewed and considered by Fr. John Kiesling, SA, among others. There is no question—this resource SAVES LIVES.



"You saved my life!"

"They gave me a scholarship! I jumped for joy the day I got a scholarship to stay in a homeless shelter!"

FACT: \$203,320 was given in scholarships to men in need of treatment without any resources of their own in 2012.

## ‡ Treatment

"I owe so much of my amazing life as it is now, and the strength and quality of my sobriety, to St. Christopher's Inn, the Franciscan Friars of the Atonement, and all of the incredible staff who work so hard to help people like me realize that there is a life to be lived without alcohol/drugs."



Treatment at St. Christopher's Inn is holistic and varied based on the needs of the client. We strive to restore the personal dignity of each individual, which is accomplished through specialized group therapy including: encouragement group, meditation group, young persons group and more; individual sessions with counselors; daily community meetings and 12-step program meetings; and access to pastoral counseling, yoga, smoking cessation, family program and a GED program, among others.



"SCI gave me the tools for recovery."

FACT: Nearly 50,000 treatment visits were provided in 2012.

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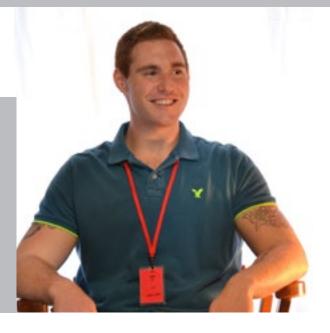
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## ‡ Food/Meals



"I am forever grateful for all the meals that were prepared for me."

"Between working and using I never had three square meals a day. I gained 45 pounds!"



Sharing a meal with others is often an invitation to also share experiences, encouragement, triumphs and failures. This type of comradery in the St. Christopher's Inn dining room among clients is an additional benefit of the family-style dining, and

nutritious meals provided by the kitchen staff three times a day. So many of these men have been without proper nourishment for their bodies and their minds for so long that eating and sharing become a pivotal part of their journey to recovery.

FACT: In 2012, 164,025 meals were served at St. Christopher's Inn.

### **‡** Medical Services

The medical team at St. Christopher's Inn, which includes physicians, psychiatrists, nurse practitioners and nurses, takes an active role in the education and treatment of all clients. From psychiatric testing and psychotherapy to episodic sick calls, virtually all services and supplies provided through the Article 28 New York State licensed clinic are funded only by charitable donations from our generous benefactors.



"I feel so much healthier and stronger!"



"The nursing staff always made me feel welcome and went out of their way to help me be comfortable."

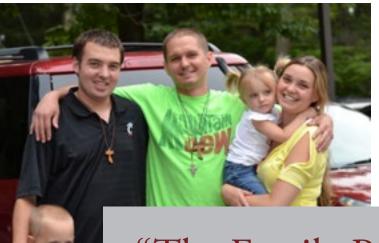
FACT: \$267,939 was provided in medical services (medical and psychiatric visits) and \$24,055 was provided in medication and medical supplies for uninsured clients in need.

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## ‡ Family Program



The Family Program at St. Christopher's Inn allows the family members of current clients to explore and discuss how the disease of addiction has impacted them and how they may have played a part in the disease for a loved one. Clients and their family members are able to see and confront issues like denial and secrecy with the support they need to move forward in their recovery. The family program is consistently considered by clients as a highlight of their treatment.

"The Family Program was the most powerful bond strengthening experience myself and my family ever had."

"It is now FOUR years that our son has been sober. My heart is so filled with gratitude. I pray for all of you and for "our" men there at the shelter. Thank you a million times over."

FACT: Over 1000 men and women participated in the family program, which provided education on the disease of alcoholism and addiction to both family members and clients.

## ‡ Smoking Cessation Program



"I feel proud about a few things, but I am very proud to have quit smoking."

When you consider the estimated statistic that anywhere between 50 and 75% of smokers in recovery die tobaccorelated deaths, then you have to consider smoking cessation as an important option in addiction treatment. Since the program started in 2004, hundreds of clients have successfully quit smoking during their time at St. Christopher's Inn, and clients who join and complete the Smoking Cessation Program are nearly twice as likely to complete their overall addiction treatment at the Inn. Even more impressive—this program is run on a voluntary basis by the St. Christopher's Inn Staff.



"Quitting smoking was huge because I have been smoking for more than 25 years!"

FACT: Nearly 50% of the men who joined the Smoking Cessation Program successfully quit smoking.

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## ‡ Treatment Completion

"Never did I think I would use the word *love* to describe my feelings toward a substance rehabilitation facility, but I truly love St. Christopher's Inn. I will be indebted to every one here for the rest of my life."



Despite being the largest Day Rehabilitation provider in New York State, St. Christopher's Inn outperformed the state averages in every category related to retention and completion in 2012, according to the New York State Office of Alcoholism and Substance Abuse Services annual scorecard for treatment providers. The staff at St. Christopher's Inn has the tools and knowledge to help people find recovery. Your generosity allows them to share this knowledge, saving lives, repairing relationships, reuniting families, and restoring dignity. Thank you.

"I have the tools to stay sober because of St. Christopher's Inn."



FACT: In 2012 63% of clients successfully completed treatment-highest completion rate among similar programs in New York State.

## ‡ Alumni



The St. Christopher's Inn Alumni Association is a fellowship open to any man who has ever spent any amount of days at St. Christopher's Inn. These men meet together quarterly, remain in touch with the Friars and Staff at St. Christopher's Inn, and encourage current residents by sponsoring several events throughout the year: a Unity Breakfast in the Fall, Spaghetti Luncheon in the Spring, and the Annual Homecoming/ Alumni Picnic on the first Saturday in August for alumni and their families. Additionally, many of the 12-step meetings at St. Christopher's Inn are led by St. Christopher's Inn Alumni volunteers who share their stories of hope and recovery with current clients.

"I took with me one important fact when I left this mountain—that I would never be alone again."



"This was a life changing experience. Watching myself as well as new guys coming in adjust to this place and really open up to the experience was inspiring. You are made to feel welcome and encouraged every step of the way. I never felt unsafe or intimidated. While I am happy that my experience here is coming to an end, this place will always have a place in my heart."

FACT: SCI has active alumni chapters in Poughkeepsie, Westchester, New York City, Long Island and South Florida.

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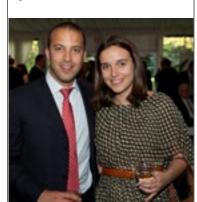
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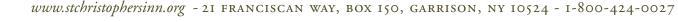
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## ‡ Financial Statement

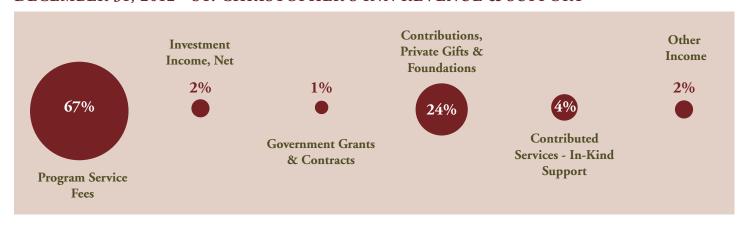
ST. CHRISTOPHER'S INN, INC.

#### STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS

YEARS ENDED DECEMBER 31, 2012 AND 2011

|  | 2012        | 2011        |
|--|-------------|-------------|
| SUPPORT AND REVENUE                          |             |             |
| Program service fees                         | \$5,757,684 | \$6,052,443 |
| Government grants and contracts              | 37,033      | 97,264      |
| Contributions, private gifts and foundations | 2,029,095   | 952,362     |
| Contributed services – In kind Support       | 377,700     | 380,000     |
| Investment income, net                       | 184,765     | 87,938      |
| Other income                                 | 160,626     | 107,966     |
| Total revenue                                | \$8,546,903 | \$7,677,973 |
| EXPENSES                                     |             |             |
| Shelter program for homeless men             | \$2,903,558 | \$3,030,702 |
| Medical Services                             | 1,551,570   | 1,559,652   |
| Outpatient Clinic Program                    | 2,771,323   | 2,583,207   |
| Administration                               | 708,419     | 655,076     |
| Fundraising                                  | 164,256     | 167,507     |
| Total expenses                               | \$8,099,126 | \$7,996,144 |
| Change in Net Assets                         | \$447,777   | \$(318,171) |
| NET ASSETS AT THE BEGINNING OF YEAR          | \$5,253,797 | \$5,571,968 |
| NET ASSETS AT THE END OF YEAR                | \$5,701,574 | \$5,253,797 |

#### DECEMBER 31, 2012 - ST. CHRISTOPHER'S INN REVENUE & SUPPORT



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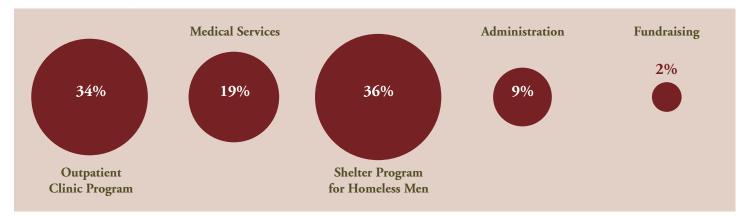
ST. CHRISTOPHER'S INN, INC.

BALANCE SHEET

YEARS ENDED DECEMBER 31, 2012 AND 2011

|  | 2012              | 2011              |
|--|-------------------|-------------------|
| ASSETS   |                   |                   |
| Cash and cash equivalents  | \$624,290         | \$507,061         |
| Investments, at fair market value  | 3,967,226         | 3,308,004         |
| Accounts receivable, net of allowance for doubtful                                     | (21.025           | 702 155           |
| accounts of \$140,562 in 2011 and \$50,731 in 2010 Contributions and grants receivable | 631,025<br>89,278 | 793,155<br>38,268 |
| Prepaid expenses and other assets  | 128,546           | 115,567           |
| Property and equipment, (net)  | 913,044           | 1,029,582         |
| Total assets   | \$6,353,409       | \$5,791,637       |
| LIABILITIES AND NET ASSETS   |                   |                   |
| Accounts payable and accrued expenses  | \$513,730         | \$500,935         |
| Due to Friars of the Atonement, Inc.   | 63,105            | 36,905            |
| Line of Credit   | 75,000            | -                 |
| Total liabilities  | 651,835           | 537,840           |
| NET ASSETS   |                   |                   |
| Unrestricted   | 5,691,714         | 5,246,437         |
| Temporarily restricted net assets  | 9,860             | 7,360             |
| TOTAL NET ASSETS   | \$5,701,574       | \$5,253,797       |
| TOTAL LIABILITIES AND NET ASSETS   | \$6,353,409       | \$5,791,637       |

#### DECEMBER 31, 2012 - ST. CHRISTOPHER'S INN PROGRAM EXPENSES



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I FOLLOW THE ROAD THAT WINDS UP HILL,

KEEP WALKING TO THE END.

WILL EACH DAY'S JOURNEY TAKE THE WHOLE LONG DAY?

From Morn' till night friend.

FOR EACH NIGHT, WILL THERE BE A RESTING PLACE....

A ROOF, FOR WHEN THE SLOW DARK HOURS BEGIN?

May darkness hide the sadness from the face?

You cannot miss the Inn.

WILL I MEET WAYFARERS LIKE ME EACH NIGHT,

Those who have come and gone before?

Must I knock, or call when in sight?

Friars accept you at their door.

SHALL I FIND COMFORT, THOUGH CONFUSED AND WEAK....

CONTRIBUTE LABOR TO FIND MY SUM.

WILL THERE BE BEDS FOR ME AND ALL WHO SEEK?

YES, BEDS FOR ALL WHO COME.

It's the pursuit of peace which bands us brothers,

None goes his way alone.

And all our love spilled into the lives of others,

Come back in to our own.

THEY CARE NOT WHAT OUR TEMPLES OR CREEDS,

ONE LAW HOLDS FIRM AND FAST....

INTO FAITHFUL HEAPS OF OUR DAYS AND DEEDS,

THE SOUL OF MEN ARE CAST.

– A Brother Christopher

