

2013 ANNUAL REPORT

Celebrating Over 100 Years of Caring
A Ministry of the Franciscan Friars of the Atonement



Our Mission

THE WORDS OF ST. FRANCIS OF ASSISI BRING TO LIFE

OUR MISSION AND OUR CHALLENGE:

*We have been called to heal wounds,
to unite what has fallen apart, and to bring
home those who have lost their way.*

ST. CHRISTOPHER'S INN, A MINISTRY OF THE FRANCISCAN FRIARS OF THE ATONEMENT, IS A TEMPORARY HOMELESS SHELTER DEDICATED TO THE REHABILITATION OF MEN IN CRISIS WHOM WE CALL "BROTHERS CHRISTOPHER." OUR MISSION IS TO OFFER A CONTINUUM OF QUALITY HEALTH CARE SERVICES THAT FACILITATE PHYSICAL, EMOTIONAL, AND SPIRITUAL HEALING BY PROVIDING CHEMICAL DEPENDENCY TREATMENT, PRIMARY HEALTH CARE, AND TEMPORARY HOUSING. WE STRIVE TO RESTORE THE PERSONAL DIGNITY OF EACH INDIVIDUAL BY UTILIZING A HOLISTIC APPROACH IN ALL OUR PROGRAMS. NO ONE IS EVER TURNED AWAY BECAUSE OF RACE, RELIGION, OR ECONOMIC STATUS.

"For me, St. Christopher's Inn is more family to me than my family. At my lowest my family didn't want anything to do with me, but St. Christopher's was there for me and they provided this place for me to come to so I owe them my life."



Brother Christopher

"It seems like the whole aspect of addiction in this country is like the dirty little secret that people don't want to acknowledge, but you can't sweep it under the rug because it doesn't discriminate and it's all over the place."



Fr. Bill Drobach, SA

This statement has never been more true than it is today, when we are seeing a tremendous surge in heroin use, addiction and accidental overdose deaths, particularly among our youth. Often times the problem begins at home as teenagers are treated for sports injuries that require opiate-based pain killers. When the pills become too expensive and too difficult to obtain, these youth often turn to the much cheaper and readily available heroin, and with it, a lifelong battle with addiction. Over the next few pages of this report, you will see the ways that St. Christopher's Inn is making a difference by treating men holistically. However, none of this would be possible without your generous support. I hope you will enjoy reading through the 2013 Annual Report and take pride in the fact that you are partnering with us in saving lives, restoring hope and reuniting families.

Sincerely,

Fr. Bill Drobach, SA
President & CEO



SCI Management Team (Left to Right Back to Front)
Rob Morea, Mark Campione, Paula Lockwood, Kathy Fletcher, Alfred Pizzuto, Donna Vogt, Amy Sucich, David Gerber, Laurel McCullagh, Fr. Bill Drobach, SA, Marianne Taylor-Rhoades.
Missing - MaryAnn Fielding, Tom King, Paul Manzo



SCI Executive Team
Mark Campione, CFO
Fr. Bill Drobach, SA, President & CEO
Marianne Taylor-Rhoades, COO



SCI Staff

ADMISSIONS

“I was indecisive to come here at first but the admissions staff comforted me and welcomed me with open arms.”

“The admissions staff was phenomenal.”

“I was miserable when I got here and now I love myself.”



FACT: In 2013, 897 men were admitted into the SCI homeless shelter and 692 of those men were admitted into the Alcohol and Substance Abuse Treatment program at SCI.

New clients in need are welcomed nearly every day into the St. Christopher's Inn Shelter through the Admissions Office. Each man is greeted by an Admission Clerk and fellow Brother Christopher, and all of his immediate needs are met—food, clothing, medical attention, and acceptance. This is the first step towards treating the underlying cause for most of the men who find their way to St. Christopher's Inn—alcoholism and addiction.

ASSESSMENTS



“The counseling staff in here saw something in me that I had not seen in myself and they drew it out of me so I can see and know that I am a man worthy of love and respect.”

“This program is great. Everything they have set in motion is here to help you in one way or another with your recovery. It teaches you to be accountable for your actions and dig deep and work through issues that have drove me to use my whole life.”

FACT: 2,432 Client assessments were completed in 2013.

Afer being admitted to the shelter, clients in need are scheduled for a comprehensive assessment, including a one-to-one meeting with a member of the counseling management team. Many men are also assessed psychiatrically, medically and for the smoking cessation program. This process helps the staff understand each client, their individual needs, and assists them in planning for effective treatment during their stay at St. Christopher's Inn.

SCHOLARSHIPS



“I had no clothes coming here and they gave me every thing I needed.”

“I was most blessed to have been given an opportunity to find myself, understand sobriety and experience this facility.”

“The things you learn here are priceless and the way you feel about yourself when you do finish is above and beyond any high that you’ve ever experienced.”

“I am grateful that I was fed, housed and clothed.”

FACT: \$257,663 was given in scholarships to men in need of treatment without any resources of their own in 2013.

Living with the disease of addiction often means living without everything else, including any means of getting help to find a way out of the spiral. At St. Christopher’s Inn, scholarships for treatment are reserved for men who show a serious commitment to doing the difficult work required for a life in recovery. Clients must submit an essay explaining why they are requesting a scholarship for treatment, which is reviewed and considered by Fr. John Kiesling, SA, among others. There is no question—this resource SAVES LIVES.

TREATMENT

“The groups were where I dropped all of my baggage. I shared things I never thought I’d say to another human being. This experience was absolutely amazing and I wouldn’t trade it for anything.”

“Group therapy here is amazing; I have been in several treatment centers and the group therapy here is by far the best I’ve ever been involved with. I had confidence in my counselor and peers and knew I could count on them to identify with any situation or feelings I had just as they could for me. It was a team effort; a lot more like family than client to client interaction.”

“I have learned so much about the disease of addiction. The lectures have helped me get a better grip on why I became an addict and ways to build a strong foundation to prevent relapse. This program works miracles.”



FACT: Over 51,000 treatment visits were provided for clients in 2013.

Treatment at St. Christopher’s Inn is holistic and varied based on the needs of the client. We strive to restore the personal dignity of each individual, which is accomplished through specialized group therapy including: encouragement group, meditation group, young persons group, coping skills and more; individual sessions with counselors; daily community meetings and 12 step program meetings; access to pastoral counseling, yoga, smoking cessation, family program and a GED program, among others.

FOOD AND MEALS

“I gained 25 lbs in a month of healthy weight.”

“I am very pleased to have the meals that were offered here to me and I am greatly appreciative.”

“I’ve had everything that I needed in regards to food and nutrition.”

“I appreciated being fed very much.”

FACT: In 2013, over 160,000 meals were served at St. Christopher’s Inn.

Sharing a meal with others is often an invitation to also share experiences, encouragement, triumphs and failures. This type of comradery in the St. Christopher’s Inn dining room among clients is an additional benefit of the family-style dining, and nutritious meals provided by the kitchen staff three times a day. So many of these men have been without proper nourishment for their bodies and their minds for so long that eating and sharing become a pivotal part of their journey to recovery.



MEDICAL SERVICES



“The medical staff here is amazing. They really go the extra mile to talk to you and get to know you more personally so they can help you better.”

“I can’t say enough good things about the medical staff here. All of my needs were met perfectly with respect and love.”

“The medical staff is amazing.”

FACT: \$29,673 was provided in medication and medical supplies and \$269,858 was provided in medical services (medical and psychiatric visits) for uninsured clients in need.

The medical team at St. Christopher’s Inn, which includes physicians, psychiatrists, nurse practitioners and nurses, takes an active role in the education and treatment of all clients. From psychiatric testing and psychotherapy to episodic sick calls, virtually all services and supplies provided through the Article 28 New York State licensed clinic are funded only by charitable donations from our generous benefactors.

FAMILY PROGRAM



“The family program was without a doubt the best part of my stay!”

“I am happy to have my family be a part of understanding my illness and to rebuild a healthy relationship again.”

“The family program was an amazing experience and Laura Zick is amazing at her job. I was nervous to do it but I’m glad I took the healthy risk and gave her the opportunity to let my family and I take the first step toward healing. They got a ton out of the experience as did I.”

FACT: Approximately 550 people participated in 900 family sessions, which provided education on the disease of alcoholism and addiction to both family members and clients.

The family program at St. Christopher’s Inn is consistently considered by clients as one of the best parts of their treatment. This three-session program allows family members and current clients to see and confront issues like denial and secrecy, as well as explore and discuss how the disease of addiction has impacted their family life. Clients, along with their family members, find the support they need to help them move forward in their recovery.

SMOKING CESSATION

“The smoking cessation program was one of many life changing experiences at the Inn. Brian Kelly was always enthusiastic and compassionate which helped tremendously.”

“I also managed to quit smoking because of Brian Kelly telling me about smoking cessation.”

FACT: Nearly 50% of the men who joined the Smoking Cessation Program successfully quit smoking.

When you consider the estimated statistic that anywhere between 50 and 75% of smokers in recovery die tobacco-related deaths, then you have to consider smoking cessation as an important option in addiction treatment. Since the program started in 2004, hundreds of clients have successfully quit smoking during their time at St. Christopher’s Inn. More astounding is the fact that over 90% of clients who complete the smoking cessation program go on to complete chemical dependency treatment as well.



TREATMENT COMPLETION



“Saved MY Life! I am happy with the person I really am and want to continue my aftercare treatment as a supplement to finding my new home group!”

“I have a high regard for the staff and they treated me with respect while demanding my best.”

“The counseling staff is beyond professional and caring. They should all feel proud of the work they do.”

“I can’t say enough about how wonderful this has been and how great ALL the counselors I had the pleasure of knowing were to work with and learn from.”

FACT: In 2013, St. Christopher’s Inn had a treatment completion rate of 77%-the highest completion rate among similar programs in New York State.

Each month St. Christopher’s Inn conducts client satisfaction surveys. Clients are asked to respond to 123 questions related to all facets of life and services provided at the Inn. In 2013, as in previous years, St. Christopher’s Inn maintained over a 90% satisfaction rate in virtually every area queried.

ALUMNI

“SCI isn’t just rehab it’s a life school. I like how there is an alumni association to stay in touch with fellow Brothers Christopher.”

“I’ll be in touch from the other side; I’m an alumni now!”

“I was most blessed to have been given an opportunity to find myself, understand sobriety and experience this facility.”

“I was treated like a man worthy of love and respect and now have the thoughts and feelings to match!!! Thank You!!!”

FACT: The St. Christopher’s Inn Alumni Association has active chapters in Poughkeepsie, Westchester, New York City, Long Island and South Florida.

The St. Christopher’s Inn Alumni Association is a fellowship open to any man who has ever spent any amount of days at St. Christopher’s Inn. These men meet together quarterly, remain in touch with the Friars and Staff at St. Christopher’s Inn, and encourage current residents by sponsoring several events throughout the year: a Unity Breakfast in the Fall, Spaghetti Luncheon in the Spring, and the Annual Homecoming/ Alumni Picnic on the first Saturday in August for alumni and their families. Additionally, many of the 12-step meetings at St. Christopher’s Inn are led by Alumni volunteers who share their stories of hope and recovery with current clients.



BROTHERS CHRISTOPHER HOUSE



“SCI offered me an opportunity. They go, ‘Hey listen, you are worth it so why don’t you go to our transitional house so you can slow it down and you can start realizing that you are worth it and put some of those tools to the test.’”

“We say grace before every meal and we give thanks for everything we have here.”

“Here I’m in a sober environment with a lot of structure and there’s also accountability. We’re all Brothers Christopher and we all have the same background.”

FACT: In 2013 St. Christopher’s Inn opened Brothers Christopher House, a transitional house where men can continue their treatment beyond the grounds of the Inn, while transitioning back into their communities.

The St. Christopher’s Inn Board of Directors reached a long-time goal in 2013 by opening our first transitional house called Brothers Christopher House. This 12 bed facility, located in White Plains, NY, is designed to help men in recovery transition back into their communities through a supportive living environment, after having attained a period of sobriety. The average length of stay is anticipated to be approximately six to nine months. The transitional house is staffed with a full time credentialed counselor, a house manager and weekend counselors to provide a therapeutic and supportive atmosphere. Brothers Christopher House is licensed by the New York State Office of Alcoholism and Substance Abuse Services.

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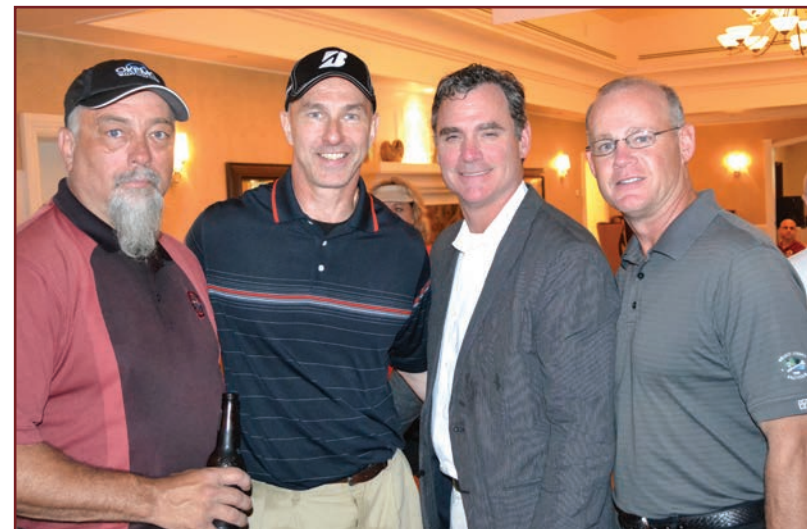
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FINANCIAL STATEMENT

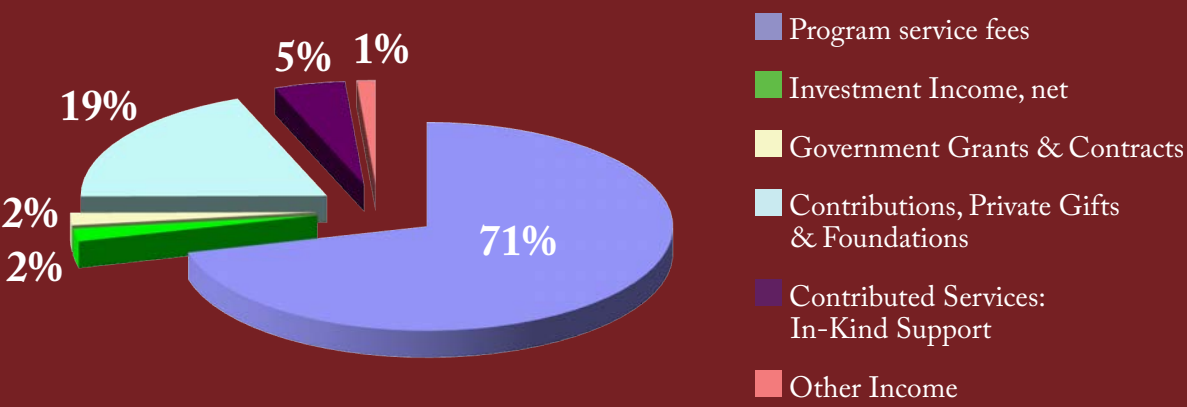
ST. CHRISTOPHER’S INN, INC.
STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS
YEARS ENDED DECEMBER 31, 2013 AND 2012

SUPPORT AND REVENUE	2013	2012
Program service fees	\$5,720,119	\$5,757,684
Government grants and contracts	\$155,444	\$37,033
Contributions, private gifts and foundations	\$1,544,770	\$2,029,095
Contributed services – In kind Support	\$377,700	\$377,700
Investment income, net	\$161,595	\$184,765
Other income	\$99,895	\$160,626
Total revenue	\$8,059,523	\$8,546,903
EXPENSES		
Shelter program for homeless men	\$3,043,026	\$2,903,558
Medical Services	\$1,831,174	\$1,551,570
Outpatient Clinic Program	\$2,970,138	\$2,771,323
Administration	\$684,359	\$708,419
Fundraising	\$163,973	\$164,256
Total expenses	\$8,692,670	\$8,099,126
CHANGE IN NET ASSETS	\$(633,147)	\$447,777
NET ASSETS AT THE BEGINNING OF THE YEAR	\$5,701,574	\$5,253,797
NET ASSETS AT THE END OF THE YEAR	\$5,068,427	\$5,701,574

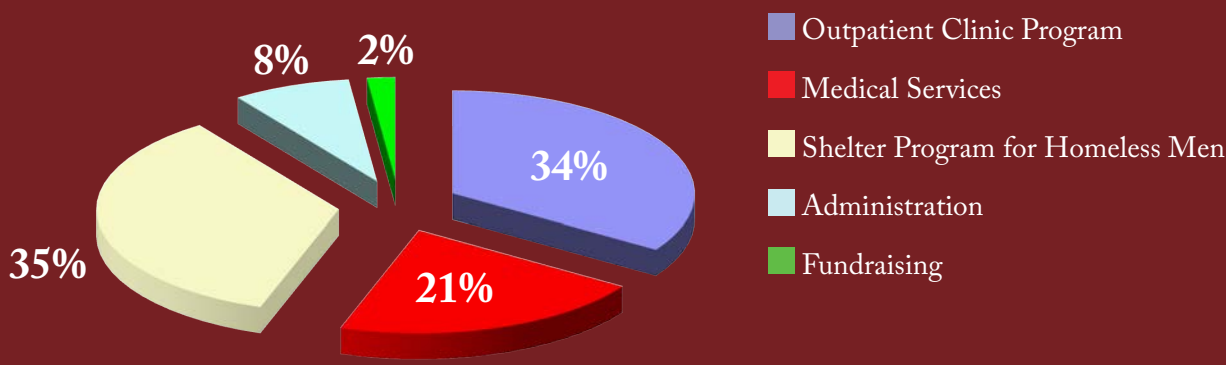
ST. CHRISTOPHER’S INN, INC.
BALANCE SHEET
YEARS ENDED DECEMBER 31, 2013 AND 2012

ASSETS	2013	2012
Cash and cash equivalents	\$595,626	\$624,290
Investments, at fair market value	\$3,552,239	\$3,967,226
Accounts receivable, net of allowance for doubtful accounts of \$101,266 in 2013 and \$129,789 in 2012	\$541,394	\$631,025
Contributions and grants receivable	\$132,628	\$89,278
Prepaid expenses and other assets	\$108,517	\$128,546
Property and equipment, (net)	\$981,724	\$913,044
Total assets	\$5,912,128	\$6,353,409
LIABILITIES AND NET ASSETS		
Accounts payable and accrued expenses	\$647,087	\$513,730
Due to Friars of the Atonement, Inc.	\$96,614	\$63,105
Line of Credit	\$100,000	\$75,000
Total liabilities	\$843,701	\$651,835
NET ASSETS		
Unrestricted	\$5,060,990	\$5,691,714
Temporarily restricted net assets	\$7,437	\$9,860
TOTAL NET ASSETS	\$5,068,427	\$5,701,574
TOTAL LIABILITIES AND NET ASSETS	\$5,912,128	\$6,353,409

DECEMBER 31, 2013 – ST. CHRISTOPHER’S INN REVENUE & SUPPORT



DECEMBER 31, 2013 – ST. CHRISTOPHER’S INN PROGRAM EXPENSES



ANGELS ON THE MOUNTAIN

CAME TO THIS MOUNTAIN
WITH NOWHERE LEFT TO GO

AS A MAN SO BROKEN
AND LACKING OF A SOUL.

A LIFE OF TRAGEDIES,
IMPLODING ON ITSELF

SO I CAME SEEKING A SAVIOR,
A SAVIOR FOR MY SOUL,
SAVIOR FOR MY SOUL.

NO ONE WAS LISTENING,
AS I JOUNCED THROUGH MY OWN HELL,

NO ONE NOTICED
THIS FRAGILE EMPTY SHELL

AS I FELT MYSELF DYING
DENYING ANY CLUES

THAT SOON I'D BE JOINING,
THE BROTHERS THAT HAVE PASSED,
BROTHERS THAT HAVE PAST.

I DARED TO TOUCH THE ANGELS
WITH HANDS SO BLOODY BRUISED

SEEKING REDEMPTION
WITH NOTHING LEFT TO LOSE.

WILL I HAVE NO ONE TO LOVE ME,
WHEN I FACE LIFE'S THORNS?

WILL I HAVE NO ONE TO LOVE ME,
CAN MY SOUL EVER BE RESTORED?

STAYED ON THIS MOUNTAIN,
'TIL THE TRUTH BE TOLD ITSELF.

I WAS GRACED WITH HUMILITY,
EXPECTING NOTHING ELSE.

THEN CAME A SERENITY,
AS WELL MY SELF ESTEEM.

IT'S TIME TO LEAVE THE MOUNTAIN,
WITH AN ANGEL ON MY SLEEVE
AN ANGEL ON MY SLEEVE.

I DARED TO TOUCH THE ANGELS
WITH HANDS SO BLOODY BRUISED

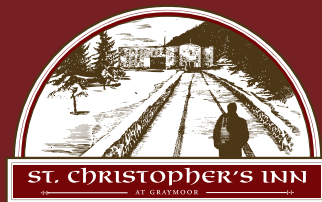
FINDING REDEMPTION
FROM A GOD WHO'S NOT RECLUSE.

NOW I'VE FOUND SOMEONE THAT LOVES ME,
NOW THAT MY SOUL HAS BEEN . . .

REBORN.

- By, A Brother Christopher





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2013 Annual Report provided through the generosity of Rolex Watch U.S.A.