

# 2016 Annual Report



**ST. CHRISTOPHER'S INN**



AT GRAYMOOR



*Celebrating Over a Century of Caring*

A Ministry of the Franciscan Friars of the Atonement

## ‡ Our Mission

THE WORDS OF ST. FRANCIS OF ASSISI  
BRING TO LIFE OUR MISSION AND OUR CHALLENGE

*We have been called to heal wounds,  
to unite what has fallen apart, and to bring  
home those who have lost their way.*

---

---

St. Christopher's Inn, a ministry of the Franciscan Friars of the Atonement, is a temporary homeless shelter dedicated to the rehabilitation of men in crisis whom we call "Brothers Christopher." Our mission is to offer a continuum of quality health care services that facilitate physical, emotional, and spiritual healing by providing chemical dependency treatment, primary health care, and temporary housing. We strive to restore the personal dignity of each individual by utilizing a holistic approach in all our programs. No one is ever turned away because of race, religion, or ability to pay.

---

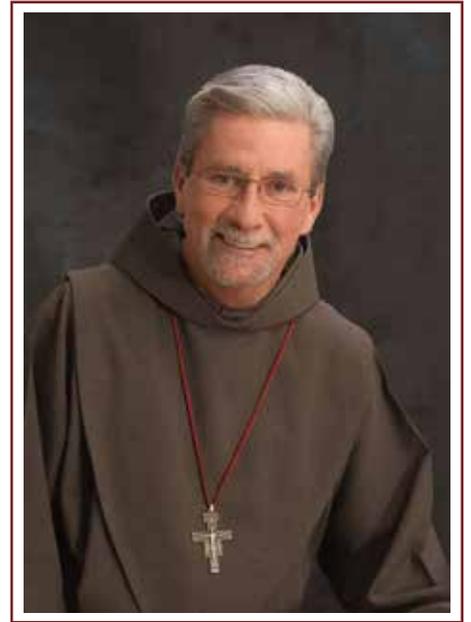
---

**"Stay until the miracle happens . . . because it will."  
~ A Brother Christopher**

# ‡ President's Letter

DEAR FRIENDS,

St. Christopher's Inn, a ministry of the Franciscan Friars of the Atonement, treats over 1,000 men annually for addiction. There are 183 beds in our shelter, and at any given time we have a waiting list of men who desperately want to occupy one of those beds. Across the way in Matt Talbot Hall, we have group therapy rooms and counselor offices, along with acceptance, respect and love. The men who occupy these rooms range in age from 18 and up. They are builders, landscapers, lawyers, and business men who come from all socio-economic backgrounds. Yet when they arrive at the Inn, they are all the same — broken and addicted. They are all welcomed at the generosity of the Friars, and they are reminded that they have a purpose, that they are redeemable, and they are men worthy of love and respect. I am thankful for these men. I am thankful for their presence here reminding me that we are meant to help each other. I am thankful for the spiritual element they bring to the Holy Mountain. And I am thankful that St. Christopher's Inn continues to serve in the battle against the worst opioid epidemic in our country's history. Thank you for supporting our mission.



Fr. Bill Drobach, SA  
*President & CEO*

Sincerely,

*Fr. Bill Drobach, SA*

## Our Accomplishments

**Three months after completing treatment,  
a 2016 study of SCI graduates found that:**

‡ 90% of our alumni were still sober

‡ over 50% had re-entered the workforce

**In 2016, St. Christopher's Inn provided:**

‡ nearly 65,000 Treatment visits

‡ housing for 1,071 men

‡ Substance Abuse Treatment Services to 969 men

## ‡ Admissions

New clients in need are welcomed nearly every day into the St. Christopher's Inn Shelter. Each man is greeted by an Admission Clerk and fellow "Brother Christopher," and all of his immediate needs are met — food, clothing, medical attention and acceptance. This is the first step towards treating the underlying cause for most of the men who find their way to St. Christopher's Inn — alcoholism and addiction. After being admitted, clients are scheduled for a comprehensive assessment including a one-to-one meeting with a member of the counseling management team. Many men are also assessed psychiatrically, medically, and for the smoking cessation program. This process helps staff understand each client, their individual needs, and assists them in planning for effective treatment during their stay at St. Christopher's Inn.

## ‡ Shelter Services

There are 183 beds at St. Christopher's Inn, and they are nearly always full of men who desperately need help. These men are no longer welcomed in their own homes, or the homes of their family members. Most have lost everything due to their addiction and have nowhere else to go. Some, who are coming directly from the streets, are mere shadows of their former selves, as they have been feeding their addiction for so long, going without food, basic hygiene and medical care. Before we can help them to find their way in recovery, we must first address their basic needs.



Since some men come to us with nothing, the first thing we do is clothe them. Collared shirts are the number one item given out, since men in our program are required to wear them at all meals and during treatment. We also provide pants, socks, T-shirts and underwear, as well as coats, scarves, hats and gloves in the winter. We are blessed to have a large clothing room to house donated items for the men to wear.

**‡ In 2016, more than 10,000 articles of clothing were provided to men staying at the Inn.**



Feeding our men requires 520,000 pounds of food each year. Once their bodies begin to be nourished again, they can start working in earnest on their recovery.

**‡ In 2016, our kitchen served nearly 190,000 meals, including 4,500 gallons of milk and over 13,000 dozen eggs.**

## ‡ Medical Services

At St. Christopher's Inn, we respond to the medical needs of our clients through our Medical Department/ Article 28 Clinic. From episodic sick calls to physical and psychiatric assessments, medication management and treatment, our medical team treats each individual holistically to provide the best opportunity for healing in recovery.

### Dual Diagnosis

We have a full time physician, two psychiatric nurse practitioners, and a psychiatrist who are available to assess, treat, and when appropriate prescribe medications for dually diagnosed men. For many of our clients, their mental illness has been undiagnosed their entire lives, which leads to self-medicating and addiction. Once their mental illness has been addressed, they are better able to focus on treatment for recovery.



**‡ In 2016, nearly 70% of our clients were dually diagnosed with both a mental illness and substance abuse.**

### Medication Assisted Treatment



Medication Assisted Treatment is an important part of the future of addiction treatment and we are in the forefront here at St. Christopher's Inn, helping our men to succeed. One of the newer treatments is a monthly injection of the opiate blocker, naltrexone, better known as Vivitrol. Since Vivitrol is an opiate blocker that floods the narcotic receptors in the brain, it takes away the craving for opiates, and any attempted use would be totally blocked. Along with counseling and 12-step program, Vivitrol has been shown to be a very effective aid in early recovery.

**‡ In 2016, 158 Vivitrol injections were administered to clients to assist them in their recovery.**

# ‡ Treatment Services



Our unique, integrated model of care that provides shelter, medical and psychiatric services, along with outpatient chemical dependency treatment all on one campus is successful! Our average length of stay for someone completing substance abuse treatment is over 80 days. This allows us to get to the roots of problems and foster genuine healing. We provide all levels of treatment from Medically Supervised Outpatient Withdrawal (MSOW) to Outpatient treatment while men live in the shelter at the generosity of the Franciscan Friars of the Atonement, and on to Brothers Christopher House, a transitional living house that helps men integrate back in to the community.

## Medically Supervised Outpatient Withdrawal Program

St. Christopher's Inn is serving men through our Medically Supervised Outpatient Withdrawal program (MSOW). This means that men who are still testing positive for addictive substances, but have been cleared medically by the SCI admission nurses, can come to the Inn right away and safely withdraw in a supervised environment. During this time, the men are able to attend lectures to learn about their disease, meet with spiritual counselors, participate in 12-step meetings and prepare for entering active addiction treatment.

**‡ In 2016, 133 men were served in our MSOW program.**

## Treatment

Once the men are settled in the Shelter, and have been through a basic medical assessment, they are also assessed for chemical dependency, and when appropriate, admitted into our substance-abuse treatment program. Treatment includes group therapy, individual sessions with their counselors, lectures/programs to educate them on their addiction, and individualized groups to provide specific guidance in areas like coping skills, grief counseling, and extra support for the youngest men in our program.

## Family Program

After men have been in treatment for at least a month, they can choose to participate in our Family Program. This program consists of three consecutive Sundays when approved family members attend a series of lectures and groups to discover and discuss how their loved one's addiction has impacted them individually as well as their family as a whole. The weekends provide an opportunity for reconciliation between clients and their families that some thought impossible to achieve.



# ‡ Brothers Christopher House

**“I am ready to live a sober life.”**  
*~ A Brother Christopher*

Brothers Christopher House is an 11-bed transitional living facility in White Plains, New York, that opened in 2013. But it is far more a home than a house. The men living here are an extension of the brotherhood that is formed while they are at St. Christopher's Inn. There are three phases of treatment, each leading to greater responsibility and trust. In the third phase, residents enroll in school, a training program, or begin a job search. In addition, phase three residents are required to volunteer in the community as a way of giving back.



In addition to treatment, the men are responsible for living and maintaining a home. They do all of the cooking, cleaning and much of the upkeep of the house. The men share these responsibilities on a rotating basis, including tending a garden on the side of the house with vegetables used for meals. In the evening, the men share a meal together before they set off in groups to local 12-step meetings.

The treatment completion rate at Brothers Christopher House remains strong, as the men work to integrate back into their communities.

## 2016 Brothers Christopher House Statistics

**‡ 21 men were welcomed into transitional living**

**‡ 15 Completions (71%)**

**‡ 14 obtained jobs or entered school/training programs (67%)**

**‡ 15 improved housing (71%)**

## ‡ Board of Directors Dinner



St. Christopher's Inn Board of Directors.

St. Christopher's Inn hosts one major fundraiser each year — the Board of Directors Fundraising Dinner in New York City. In 2016, we had the privilege of recognizing and honoring Faith and Lee Majors for their spiritual perseverance through the most challenging times of their lives.

Faith was one of four daughters raised by a single mother who made daily sacrifices for their physical needs, but remained steadfast in her strong Catholic beliefs, which Faith credits with keeping her grounded throughout her career as a successful model and actress.

Lee, better known as Colonel Steve Rogers, the Bionic Man, from the legendary television series *The Six Million Dollar Man*, shared the story of how he was orphaned at 18 months old when his father died in a factory accident and his mother was killed by a drunk driver. He was adopted by relatives in Kentucky, and planned a long successful career in football before an accident ended his dreams of playing professionally. Instead he began acting and became one of the most iconic television figures of all time with long running successful series in the 1960s, 70s, and 80s. Lee maintains that his spirituality and faith in a higher power were the reasons he was able to keep going through his most difficult challenges.



Lee & Faith Majors with Fr. Bill Drobach, SA.

Faith and Lee Majors represent a beacon of hope for the men of the Inn, and all who are fighting to find their way out of the dark, challenging times they face with their addiction. We were grateful to have them share their message, and to honor them for helping us to “bring home those who have lost their way.”

At the Dinner, Michael Elms, retired CFO Rolex Watch USA was also honored for his fifteen years of service to the St. Christopher's Inn Board of Directors, nine of them as chairman.



Thank you, Michael Elms, (pictured left) for your 15 years of service to St. Christopher's Inn on the Board of Directors.

## ‡ Events & Honors

### Norman Vincent Peale Outstanding Service Award

In October 2016, St. Christopher's Inn received the Norman Vincent Peale Outstanding Service Award from the Putnam Community Service Network. The award was presented by the Honorable James Reitz, Putnam County Drug Treatment Court Team. "This award is only possible because of the dedicated and caring staff of St. Christopher's Inn," said Fr. Bill Drobach, SA. "I do not consider them employees, but rather ministers along with the Friars in carrying out our mission."



Fr. Bill Drobach, SA, and Hon. James Reitz.

### A Party with a Purpose



Ed Tierney and friends.

In June of 2016, a generous benefactor, Mr. Ed Tierney, turned 80 years young. To celebrate, he invited 100 friends and family to make a donation to St. Christopher's Inn! From his cousin in Ireland to his nephew in California, so many of Ed's friends and family heard the call and responded with such generosity that nearly \$9,000 was raised! We are grateful to Mr. Tierney for remembering us on this special occasion, and for encouraging others to join in his support. We welcome anyone interested in hosting an event to benefit St. Christopher's Inn. Call us to discuss.

### What the Men Say

**"I love this place and will never forget this experience . . . I can't wait to bring my two kids and my fiancé here for the picnic to show them what saved Daddy's life."**

**"The staff is beyond amazing and love me more than I could love myself which has helped me start loving myself."**

**"Group therapy gave me the opportunity to practice what I learned so I have a better chance of succeeding once I graduate."**

**"My groups have been more amazing and have helped me grow as a man and helping me get through my deep issues."**

# ‡ Financial Statement

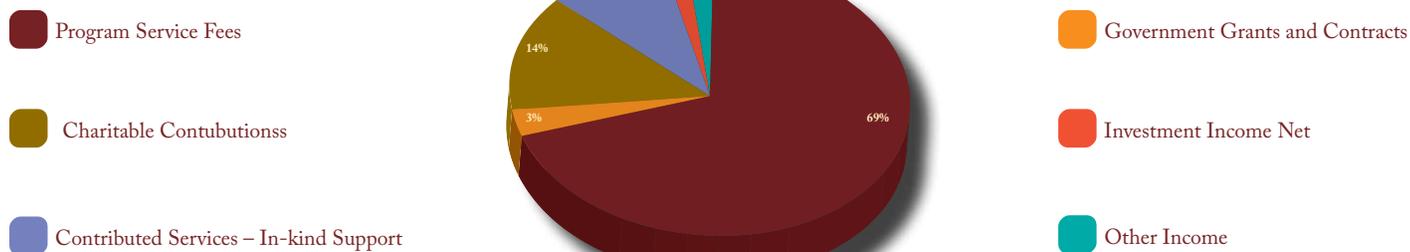
ST. CHRISTOPHER'S INN, INC.

STATEMENT OF ACTIVITIES AND CHANGES IN NET ASSETS

YEARS ENDED DECEMBER 31, 2016 AND 2015

	2016	2015
<b>SUPPORT AND REVENUE</b>		
Program service fees	\$7,101,994	\$6,784,762
Government Grants and Contracts	310,686	329,674
Charitable Contributions	1,418,265	2,627,075
Contributed services – In kind Support	1,019,461	377,700
Investment income, net	185,494	17,450
Other income	224,300	116,042
<b>Total revenue</b>	<b>10,260,200</b>	<b>10,252,703</b>
<b>PROGRAM EXPENSES</b>		
Shelter program for homeless men	2,933,691	2,646,797
Medical Services	895,565	787,943
Outpatient Clinic Program	4,358,414	4,578,578
Administration	1,169,121	1,089,971
Development and Fundraising	526,204	480,162
<b>Total expenses</b>	<b>9,882,995</b>	<b>9,583,451</b>
<b>Change in Net Assets</b>	<b>377,205</b>	<b>669,252</b>
<b>NET ASSETS AT THE BEGINNING OF THE YEAR</b>	<b>\$5,466,636</b>	<b>4,797,384</b>
<b>NET ASSETS AT THE END OF THE YEAR</b>	<b>\$5,843,841</b>	<b>\$5,466,636</b>

## SUPPORT & REVENUE



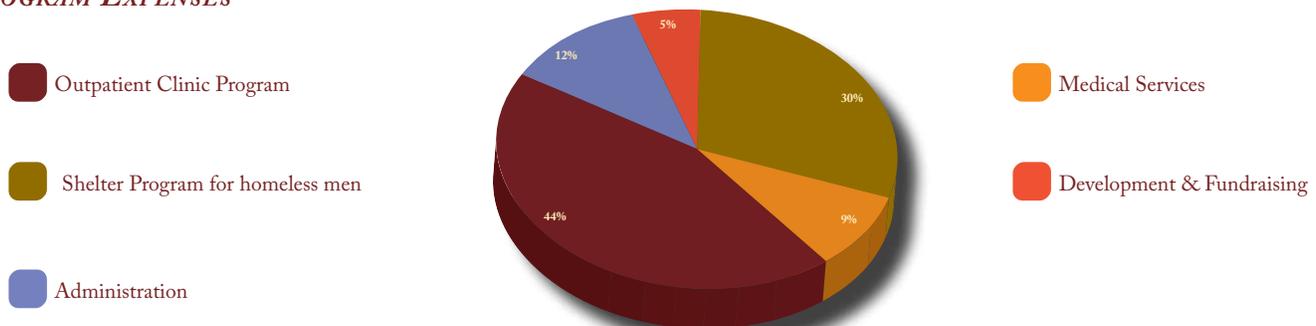
**ST. CHRISTOPHER'S INN, INC.**

**BALANCE SHEET**

YEARS ENDED DECEMBER 31, 2016 AND 2015

	<b>2016</b>	<b>2015</b>
<b>ASSETS</b>		
Cash and cash equivalents	\$ 511,717	\$1,382,732
Investments, at fair market value	4,324,762	4,180,400
Accounts receivable, net of allowance for doubtful accounts of \$126,138 in 2016 and \$115,204 in 2015	556,971	598,602
Contributions and grants receivable	248,715	145,199
Prepaid expenses and other assets	48,027	116,176
Property and equipment, net	668,270	736,704
<b>Total assets</b>	<b>6,358,462</b>	<b>7,159,813</b>
<b>LIABILITIES AND NET ASSETS</b>		
Accounts payable and accrued expenses	474,745	713,086
Due to Friars of the Atonement, Inc.	5,055	855,091
Loan Payable	34,821	-
Line of Credit	-	125,000
<b>Total liabilities</b>	<b>514,621</b>	<b>1,693,177</b>
<b>NET ASSETS</b>		
Unrestricted	5,837,963	5,461,833
Temporarily restricted net assets	5,878	4,803
<b>TOTAL NET ASSETS</b>	<b>5,843,841</b>	<b>5,466,636</b>
<b>TOTAL LIABILITIES AND NET ASSETS</b>	<b>\$6,358,462</b>	<b>\$7,159,813</b>

**PROGRAM EXPENSES**



# St. Christopher's Inn Board of Directors

**Mark Goldberg**

*Chairman*

**Donald Ehman**

**Dr. Patricia Lennon**

**Valerie Mastronardi**

**Alan Meckler**

**Guy Novo**

**Robert Okulski**

**Fr. Charles Sharon, SA**

**Mary Siri**

**Elaine Taylor**

**John Torpey**

**Kevin Verronneau**

**Fr. Bill Drobach, SA**

*President & CEO*

